

Land Slide

拍数: 48 墙数: 4 级数:
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音乐: Earthquake - Ronnie Milsap



BASIC RIGHT AND LEFT WITH CLAPS

- 1-2 Step right foot to right side, slide left foot together
- 3-4 Step right foot to right side, touch left foot together and clap
- 5-6 Step left foot to left side, slide right foot together
- 7-8 Step left foot to left side, touch right foot together and clap

VINE RIGHT (OR ROLLING VINE), VINE LEFT WITH ¼ TURN TO LEFT AND SHUFFLE

- 1-2 Step right foot to right side, cross left foot behind right
- 3-4 Step right foot to right side, touch left foot together
- 5-6 Step left foot to left side, cross right foot behind left
- 7&8 Step left foot to left making a ¼ turn to the left, slide right foot together, step left forward

ROCK RIGHT, RECOVER LEFT, RIGHT COASTER STEP, ROCK LEFT, RECOVER RIGHT, LEFT COASTER STEP

- 1-2 Rock forward on the right foot, recover on the left foot
- 3&4 Step right foot back, step left foot together, step right foot forward
- 5-6 Rock forward on the left foot, recover on the right foot
- 7&8 Step left foot back, step right foot together, step left foot forward

4 QUARTER PIVOT TURNS TO LEFT

- 1-2 Step forward on right foot, turn ¼ turn to left
- 3-4 Step forward on right foot, turn ¼ turn to left
- 5-6 Step forward on right foot, turn ¼ turn to left
- 7-8 Step forward on right foot, turn ¼ turn to left

CROSS STEP RIGHT OVER LEFT, STEP LEFT, TURN AND SIDE SHUFFLE, SHUFFLE FORWARD TWICE

- 1-2 Cross right foot over left, step back on left foot making a ¼ turn to right
- 3&4 Step right foot to right side, slide left foot together, step right to right side
- 5&6 Step left foot forward, slide right foot together, step left foot forward
- 7&8 Step right foot forward, slide left foot together, step right foot forward

STEP LEFT TURN ½ TO RIGHT, STEP LEFT TURN ¼ TO RIGHT, ROCK LEFT, RECOVER RIGHT, LEFT COASTER STEP

- 1-2 Step left foot forward, turn ½ pivot turn over right shoulder
- 3-4 Step left foot forward, turn ¼ pivot turn over right shoulder
- 5-6 Rock forward on the left foot, recover on the right foot
- 7&8 Step left foot back, step right foot together, step forward on left foot

REPEAT