

# Land Of The Navajo

拍数: 36      墙数: 4      级数: Intermediate  
编舞者: DJ Dan (NL) & Wynette Miller (NL)  
音乐: Land of the Navajo - Michael Martin Murphey



## HEEL, HOOK, LOCK STEP, RIGHT & LEFT

1-2      Touch right heel forward, hook right heel in front of left shin  
3&4      Step right forward, lock left behind right, step right forward  
5-6      Touch left heel forward, hook left heel in front of right shin  
7&8      Step left forward, lock right behind left, step left forward

## ROCK STEP, ¼ TURN RIGHT. SHUFFLE, STEP, PIVOT ½ TURN RIGHT, SHUFFLE

1-2      Rock right forward, recover weight on left  
3&4      Make ¼ turn right and shuffle forward stepping right, left, right  
5-6      Step left forward, pivot on ball of right & left ½ turn right (weight ends on right)  
7&8      Shuffle forward stepping left, right, left

## STOMP, STOMP, APPLEJACK

1-2      Stomp right slightly to right, stomp left slightly to left  
&3      Turn left toe & right heel to left, turn back to center  
&4      Turn left heel & right toe to right, turn back to center

## STEP DIAGONAL BACK, SLIDE, CHASSE LEFT., BACK ROCK, HEEL-BALL-CROSS

1-2      Step right diagonally back, slide left up to right  
3&4      Step left to left, step right next to left, step left to left  
5-6      Rock right back, recover weight on left  
7&8      Touch right heel forward, step on ball of right slightly back, cross left over right

## SIDE, CROSS BEHIND, HEEL JACK & CROSS, RIGHT & LEFT

1-2      Step right to right, cross left behind right  
&3      Step right slightly back, touch left heel forward  
&4      Step left next to right, cross right over left  
5-6      Step left to left, cross right behind left  
&7      Step left slightly back, touch right heel forward  
&8      Step right next to left, cross left over right

## REPEAT

## TAG

After walls 1, 4, 7 and 10

## SCUFF, TOE, HEEL BOUNCE TWICE, RIGHT & LEFT

1-2      Scuff right forward, step on right toe forward  
3-4      Bounce right heel twice (putting weight on right heel on last count)  
5-6      Scuff left forward, step on left toe forward  
7-8      Bounce left heel twice (putting weight on left heel on last count)