

# Land Down Under

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Hedy McAdams (USA)  
音乐: Down Under - Men At Work



A special thank you to Jeanette Feinberg, San Mateo, California, for suggesting the recommended music for this choreography, and to Sheila Lee, of Brea, California, for suggesting the country alternative

## RIGHT-LEFT-RIGHT, SKATE, SKATE, LEFT-RIGHT-LEFT, RIGHT, BACK

- 1&2      Angling body left, shuffle forward, right-left-right
- 3      Turn body ¼ left (9:00) and skate (slide-step) left to the left
- 4      Angle body right and skate (slide-step) right to the right
- 5&6      Turn body ¼ left (6:00) and shuffle forward left-right-left
- 7-8      Step right to right, step left back

You should be facing 6:00 wall, weight left

## CROSS & CROSS, LEFT, BACK, CROSS, & CROSS, & CROSS, TURN

- 1&2      Cross shuffle left, right over left, right-left-right
- 3-4      Step left to left, step right to right and back
- 5      (Begin cross shuffle to right) cross left over right
- &6      (Short) step right to the right, cross left over right
- &7      (Short) slide-step right to right, cross left over right
- 8      Step right to right and turn body ¼ left (3:00)

You should be facing 3:00 wall, weight right

## WALK, TAP, CROSS-BALL-STEP, WALK, TAP, CROSS-TURN-SIDE

- 1      Step left forward (bending left knee into a "dip")
- 2      (Straighten left knee to standing) tap right toe diagonally forward right
- 3      (Begin cross-ball-step) cross right over left
- &4      Step ball of left to left, step right forward
- 5      Step left forward (bending left knee into a "dip")
- 6      (Straighten left knee to standing) tap right toe diagonally forward right
- 7      (Begin cross-ball-side with a turn) cross right over left
- &      Turn body ¼ right (6:00) and rock-step ball of left to left
- 8      Step right to right (and slightly back)

You should be facing 6:00 wall, weight right

## CROSS, & BEHIND -& CROSS, TURN, BACK-TOGETHER-FORWARD, FULL TURN, STEP

- 1      (Begin running vine) cross left over right
- &2      Step right to right, step left behind right
- &3      Step right to right, cross left over right
- 4      Turn body ¼ left (3:00) and step right back
- 5      (Begin coaster-step) step left back
- &      Step right beside left
- 6      Step left forward (with left toe pointed left)
- 7      Step forward on ball of right and turn a full turn left

You needn't make it all the way around in one count. It is ok to use count 8 to complete the turn

- 8      Step left forward

**REPEAT**