

Lambada

拍数: 40 墙数: 1 级数:
编舞者: Unknown
音乐: Hot Hot Hot - Buster Poindexter & His Banshees of Blue



Start facing front. On word "fiesta" turn 1/4 turn right. Dance starts on down beat immediately after word "fiesta". This is the only time you will make this turn at the beginning-you will already be facing this direction from step #30

- 1-2-3 Walk forward right-left-right
4 Turn ½ turn left on right foot while kicking forward left
- 1-2-3 Walk forward left-right-left
4 Turn ½ turn right on left foot while kicking forward right
- 1-2-3 Walk forward right-left-right
4 Turn ½ turn left on right foot while kicking forward left
- 1-2-3 Walk forward left-right-left
4 Turn ¼ turn right on left while kicking forward right
- 1-4 Right jazz box: cross right over left, step back on left, step together with right, step in place with left
- 1-4 Repeat jazz box
- 1&2 Shuffle forward right-left-right (raise left arm, place right hand palm down under left elbow)
3&4 Shuffle forward left-right-left (raise right arm, place left hand palm down under right elbow)
5&6 Shuffle forward right-left-right ((raise left arm, place right hand palm down under left elbow)
7&8 Shuffle forward left-right-left while turning ¼ turn right (raise right arm, place left hand palm under right elbow)

CHASSE' RIGHT, (ROLL HANDS AROUND EACH OTHER)

- 1& Step right, slide left beside right
2& Step right, slide left beside right
3& Step right, slide left beside right,
4 Step right
- 1-2 Stomp left, stomp right
3&4 Stomp left, right, left

REPEAT