

Lakeside Shuffle (P)

COPPER KNOB
STEPPERS

拍数: 64 墙数: 0 级数: Partner
编舞者: Roz Morgan (USA) & Nat Morgan (USA)
音乐: Strong Enough - Cher



Position: Begin in Side by Side Cape Position (lady to right of man)

SHUFFLES, ROCK, RECOVER, WALKS

1&2 Shuffle to right side right, left, right
3&4 Shuffle to left side left, right, left
5-6 Rock back on right foot, recover on left foot
7-8 Walk forward right, left

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, PIVOT TURNS

1-2 Rock forward on right foot, recover on left foot
3-4 Rock back on right foot, recover on left foot
5-6 (Drop right hands) step forward on right foot, ½ turn left on left foot (under left arms)
7-8 Repeat

¼ TURN, STEP, KICK, STEP, TOUCH, STEP, KICK

1-2 Step forward on right foot, step ¼ turn left on left foot (gentleman will step under ladies left arm and be directly in front of lady)
3-4 Step forward on right foot, kick left foot forward
5-6 Step back on left foot, touch right toe back
7-8 Step forward on right foot, kick left foot forward

CROSS, BACK, TURN, TOUCH, KICK BALL CHANGES

1-2 Cross left foot over right foot, step back on right foot
3-4 ¼ left on left foot, touch right foot next to left foot (lady is on left of gentleman in hammerlock)
5&6 Kick right foot forward, step on ball of right foot, change weight to left foot
7&8 Repeat

VINE RIGHT WITH SCUFF, VINE LEFT WITH SCUFF

1-2 Step right foot to right side, step left foot behind right foot
3-4 Step right foot to right side, scuff left foot forward
5-6 Step left foot to left side, step right foot behind left foot
7-8 Step left foot to left side, scuff right foot forward

WALKS FORWARD, KICK, HIP BUMPS

1-2 Walk forward on right foot, walk forward on left foot
3-4 Walk forward on right foot, kick left foot forward
5-6 Step left on left foot as you bump your hips to left twice
7-8 Bump hips right, bump hips left

¼ TURN UNDER LEFT ARMS, STEP, KICK, STEP, TOUCH, STEP, KICK

1-2 Drop right hands as you step forward on right foot and under left arm, step ¼ turn left on left foot (lady will step under right arms and be directly in front of gentleman)
3-4 Step forward on right foot, kick left foot forward
5-6 Step back on left foot, touch right toe back
7-8 Step forward on right foot, kick left foot forward

CROSS, BACK, TURN, TOUCH, STEP TOUCHES

- 1-2 Cross left foot over right foot, step back on right foot
- 3-4 $\frac{1}{4}$ turn left on left foot, touch right toe to left foot (you are now back in cape position)
- 5-6 Step right foot to right side, touch left toe to right foot
- 7-8 Step left foot to left side, touch right toe to left foot

REPEAT
