# The Ladybug Shuffle



编舞者: Megan Tucker 音乐: Up! - Shania Twain



# **RIGHT ROCK (FORWARD)**

1-2 Step forward right and rock back on left

#### **RIGHT SHUFFLE (FORWARD)**

3&4 Step forward right, close left and step forward right

## **LEFT ROCK (FORWARD)**

5-6 Step forward left and rock back on right

# **LEFT SHUFFLE (FORWARD)**

7&8 Step forward left, close right and step forward left

#### **RIGHT VINE (WITH A HITCH)**

9-12 Step side right, cross left behind, step side right and hitch left

## LEFT VINE (WITH A KICK)

13-16 Step side left, cross right behind, step side left and kick right

#### JAZZ BOX

17-20 Cross right in front of left, step back left, step side right and close left

#### RIGHT SHUFFLE (FORWARD)

21&22 Step forward right, close left and step forward right

# **LEFT SHUFFLE (FORWARD)**

23&24 Step forward left, close right and step forward left

#### STEP FORWARD RIGHT

25 Step forward right

## HALF TURN (TO THE LEFT)

Look over left shoulder, turn on both feet, ½ turn

#### **RIGHT STOMP**

27 Stomp right foot

#### **LEFT STOMP**

28 Stomp left foot next to right foot

# **REPEAT**