

Lady Soul

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Beginner
编舞者: Shirley Sharp (USA)
音乐: Lady Soul - The Temptations



ROCK STEP, CHA-CHA-CHA, ROCK STEP, CHA-CHA-CHA

1-2 Rock back on right foot, rock forward on left foot
3&4 Cha-cha-cha in place (right, left, right)
5-6 Rock forward on left foot, rock back on right foot
7&8 Cha-cha-cha in place (left, right, left)

ROCK STEP, CHA-CHA-CHA, ½ PIVOT TURN, CHA-CHA

1-2 Rock back on right foot, rock forward on left foot
3&4 Cha-cha-cha in place (right, left, right)
5-6 Step forward on left foot, pivot ½ turn to right
7&8 Cha-cha-cha in place (left, right, left)

½ PIVOT TURN, CHA-CHA, TOUCH, SLIDE

1-2 Step forward on right foot, pivot ½ turn to left
3&4 Cha-cha-cha in place (right, left, right)
5-8 Touch left foot to left side, slide left toe to right foot

ROCK STEP, CHA-CHA-CHA, PIVOT ½, CHA-CHA-CHA ½ TURN

1-2 Rock back on right foot, rock forward on left foot
3&4 Cha-cha-cha in place (right, left, right)
5-6 Step forward on left foot, pivot ½ turn to right
7&8 Cha-cha-cha in place (left, right, left) while turning ½ turn to right

ROCK STEP, CROSS, POINT, CROSS, HOLD, JUMP, CROSS, HOLD

1-2 Rock back on right foot, rock forward on left foot
3-4 Cross right foot over left, point left with left foot
5-6 Cross left foot behind right, hold
7&8 Small jump to right side on right, cross left foot over right, hold

FOUR STEP TOUCHES WITH TURNS

1-2 Turn ¼ turn right, stepping on right foot, touch left & clap
3-4 Turn ½ turn left, stepping on left foot, touch right & clap
5-6 Turn ½ turn right, stepping on right foot, touch left & clap
7-8 Turn ½ turn left, stepping on left foot, touch right & clap

REPEAT
