

# Lady Marmalade

拍数: 40      墙数: 4      级数: Improver  
编舞者: Shae-Lynn Brophy  
音乐: Lady Marmalade - Christina Aguilera, Pink, Mya And Lil' Kim



## SAILOR STEP, SAILOR STEP

1&2      Step right behind left, step left in place, step right to right  
3&4      Step left behind right, step right in place, step left to left

## KICK BALL-CHANGE, STOMP, STOMP

5&6      Kick right forward, step right beside left, step left in place  
7-8      Stomp right, stomp left

## CROSS AND BACK AND CROSS AND BACK

9&      Cross right over left, step back slightly with left  
10&      Right heel diagonally forward to right, step right with right  
11&      Cross left over right, step back slightly with left  
12      Left heel diagonally forward to left

## AND CROSS AND BACK AND STOMP, STOMP

&13      Step left to left, cross right over left  
&14      Step slightly back with left, right heel diagonally forward to right  
&15-16      Step right with right, stomp left, stomp right

## CROSS, POINT, RIGHT AND RIGHT

17-18      Cross left over right, point right toe to right  
19&20      Touch right diagonally forward pushing hips forward, sway hips left, sway hips right (bending knees)

## AND, RIGHT AND RIGHT AND RIGHT, LEFT

&21      Sway hips left, sway hips right  
&22      Sway hips left, sway hips right (bending knees)  
&23      Sway hips left, cross right over left  
24      Cross left over right

## CROSS, POINT, LEFT AND LEFT

25-26      Cross right over left, point left toe to left  
27&28      Touch left diagonally forward pushing hips forward, sway hips right, sway hips left (bending knees)

## AND, LEFT AND LEFT AND LEFT, RIGHT

&29      Sway hips right, sway hips left  
&30      Sway hips right, sway hips left (bending knees)  
&31-32      Sway hips right, cross left over right, cross right over left

## STEP, DRAG AND CROSS, HOLD

33-34      Step ¼ turn left with left, drag right to left  
&35-36      Step right to right, cross left over right, hold (snap fingers)

## AND OUT, HOLD AND CROSS TURN

&37-38      Step right to right, step left to left, hold (snap fingers)  
&39-40      Step right to right, cross left over right, unwind ½ turn to right

REPEAT

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