

# Ladies Choice

**COPPER** KNOB  
STEPSHEETS

拍数: 72      墙数: 2      级数: Improver  
编舞者: Terri Alexander (USA)  
音乐: Ladies' Choice - Zac Efron



## WALK FORWARD RIGHT, LEFT, KICK BALL CROSS, TURN ¼ LEFT, SIDE STEP LEFT, CROSS BACK SIDE

1-2      Step left forward, step right forward  
3&4      Kick ball cross right  
5-6      Turn ¼ left and step right back, step left to side  
7&8      Cross right over left, step left back, step right to side (9:00)

## STEP LEFT FORWARD, ½ RIGHT, LEFT SHUFFLE, TURN ½ RIGHT, ¼ RIGHT, RIGHT KICK BALL CROSS

1-2      Step left forward, turn ½ right (weight to right)  
3&4      Step left forward, step right together, step left forward  
5-6      Turn ½ left and step right back, turn ¼ left and step left to side  
7&8      Kick ball cross right (6:00)

## HIP BUMPS RIGHT, ¼ HIP BUMPS LEFT, STEP HIP BUMPS RIGHT, ½ HIP BUMPS LEFT

1&2      Bump hips right, bump hips left, bump hips right  
3&4      Turn ¼ left and bump hips left, bump hips right, bump hips left  
5&6      Step right forward and bump hips right, bump hips left, bump hips right  
7&8      Turn ½ left and bump hips left, bump hips right, bump hips left (9:00)

## WALK FORWARD RIGHT/LEFT, HEEL JACK RIGHT & LEFT, BALL STEP BRUSH HITCH, COASTER

1-2      Step left forward, step right forward  
3&4&      Touch right heel forward, step right together, touch left heel forward, step left together  
5&6      Step right forward, brush left forward, hitch left knee  
7&8      Step left back, step right together, step left forward

## TURN ½, STEP, ¼, STEP, RIGHT STEP LOCK STEP, ½ TURN LEFT STEP LOCK STEP

1-2      Turn ½ right (weight to right), step left forward  
3-4      Turn ¼ right (weight to right), step left forward  
5&6      Step right forward, lock left behind right, step right forward  
&7&8      Turn ½ left (weight to right), step left forward, lock right behind left, step left forward (12:00)

## STEP RIGHT, WEAVE, HEEL BALL CROSS, LEFT SIDE MAMBO TOUCH

1      Step right to side  
2&3&4      Cross left behind right, step right to side, cross left over right, step right to side, cross left behind right  
&5&6      Step right to side, touch left heel diagonally forward, step left together, cross right over left  
7&8      Rock left to side, recover to right, touch left together

## STEP LEFT, WEAVE, HEEL BALL CROSS, RIGHT SIDE MAMBO TOUCH

1-8      Repeat counts 41-48 with a left foot lead

## STEP, PIVOT ½, ROCK, RECOVER, COASTER STEP CROSS POINT FLICK

1-2      Step right forward, turn ½ left (weight to left)  
3-4      Rock right forward, recover to left  
5&6      Step right back, step left together, step right forward  
&7-8      Cross left over right, touch right to side, flick right back

**STEP, PIVOT ½, ROCK, RECOVER, COASTER STEP CROSS POINT FLICK**

1-8 Turn ¼ left and repeat previous 8 counts (6:00)

**Turn ¼ left to begin the dance again**

**REPEAT**

**RESTART**

**On the third rotation of dance, dance counts 1-32. Turn ¼ right (to face 12:00 wall). Restart from beginning.**

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