

La What?

拍数: 32 墙数: 2 级数: Improver
编舞者: Jan Wyllie (AUS)
音乐: La Mucara - The Mavericks



SIDE STEP LEFT, RIGHT TOGETHER, SHUFFLE FORWARD, ROCK RIGHT, LEFT STEP ACROSS, ROCK LEFT, RIGHT STEP BEHIND

1-2 Step left to left, step right beside left
3&4 Shuffle forward left, right, left
5&6 Rock/step right to right, rock/return weight to left, step right behind left (moving back)
7&8 Rock/step left to left, rock/return weight to right, step left behind right (moving back)

SIDE STEP RIGHT, LEFT TOGETHER, SHUFFLE FORWARD, ROCK RIGHT, LEFT STEP ACROSS, ROCK LEFT, RIGHT STEP ACROSS

9-10 Step right to right, step left beside right
11&12 Shuffle forward right, left, right
13&14 Rock/step left to left, rock/return weight to right, step left across right (moving forward)
15&16 Rock/step right to right, rock/return weight to left, step right across left (moving forward)

ROCK ¼ LEFT BACK BACK, ROCK BACK FORWARD FORWARD, STEP TOUCH TOUCH, SHUFFLE FORWARD

17&18 Making a brisk ¼ turn left rock/step forward on left, rock back on right, step back on left
19&20 Rock/step back on right, rock forward on left, step forward on right
21&22 Step forward on left, touch right beside left, touch right back towards right diagonal (turn head towards the right diagonal too)
23&24 Shuffle forward right, left, right

ROCK ¼ LEFT BACK BACK, ROCK BACK FORWARD FORWARD, STEP TOUCH TOUCH, SHUFFLE FORWARD

25&26 Making a brisk ¼ turn left rock/step forward on left, rock back on right, step back on left
27&28 Rock/step back on right, rock forward on left, step forward on right
29&30 Step forward on left, touch right beside left, touch right back towards right diagonal

Turn head towards the right diagonal too

31&32 Shuffle forward right, left, right

REPEAT
