

# La Vida Loca

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Improver  
编舞者: Karen Bleuer (USA)  
音乐: Livin' la Vida Loca - Ricky Martin



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Modified from Boogie Back To Texas. First 48 counts of Boogie Back To Texas with added 16 counts choreographed by Karen Bleuer

## HEEL STRUTS MOVING FORWARD

1-8      Step right heel forward, step down on right toe, step left heel forward, step down on left toe, repeat first four counts one time (weight is left)

## BASIC STEP TOGETHER RIGHT

1-8      Step right to right, step left beside right, repeat this twice more then, step right to right touch left beside right (weight is right)

## TOE STRUTS MOVING BACK

1-8      Step left toe back, step down on left heel, step right toe back, step down on right heel, repeat first four counts one time (weight is right)

## BASIC STEP TOGETHER LEFT, SCUFF WITH ¼ TURN LEFT

1-6      Step left to left, step right beside left, repeat this twice more  
7-8      Turn ¼ left stepping left forward, scuff right beside left (weight is left)

## PADDLES TURNS COMPLETING A FULL TURN LEFT

1-8      Step right forward, recover weight left making a ¼ turn left - repeat these two counts three more times

## HIP PUSH FORWARD, HOLD - BACK, HOLD HIP PUSH FORWARD - BACK WITHOUT HOLDS

1-2      Stepping right heel forward keep weight on both feet as you push hips forward right, hold for one count  
3-4      Keeping weight on both feet push hips back left, hold for one count  
5-8      Push hips forward right, back left, forward right, back left (weight is left)

## MOVING JAZZ BOX WITH HOLD - RIGHT, LEFT

1-4      Step right in front of left, step left d back, step right to right, hold for one count  
5-8      Step left in front of right, step right back, step left to left, hold for one count  
9-16      Repeat count 49-56 one time (weight will be left)

## REPEAT

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