

# La Playa

**COPPER** KNOB  
BY STEPHEN BRETZ

拍数: 64      墙数: 4      级数: Advanced  
编舞者: Derrick Goh (SG)  
音乐: A la Playa - S.B.S.



This dance came in 1st place for choreography in the Non-Country Intermediate/Advanced category, at the UCWDC Asia Pacific Championship, Singapore 2003 held on 23 August

## RIGHT STEP ACROSS HOLD, HEEL CLICK TWICE, SHUFFLE DIAGONAL RIGHT STEP OUT TO LEFT, STEP OUT TO RIGHT, LOOK LEFT THEN FORWARD

- &            Raise right knee and lift right shoulder and drop left shoulder
- 1            Cross right over left, drop right shoulder and lift left shoulder
- &2           Lift right shoulder and drop left shoulder, drop right shoulder and lift left shoulder
- &3           Step left beside right and split heels apart, click heels together
- &4           Split heels apart, click heels together
- 5&6        Step right diagonal right, step left beside right, step right diagonal right
- &7-8        Step left to left, step right to right and look left, look forward

### Hands action:

- &3&4        Put both hands on belt buckle and move elbows out, in, out, in
- 5&6        Stretch both arms out, flex elbows and stretch out again diagonally-right, and snap fingers twice
- &7-8        Place left hand at midriff with palm facing inward, stretch right arm out to right side with palm facing outward

## PIVOT ½ TURN, TOUCH BESIDE, STEP FORWARD, TOUCH BESIDE, LUNGE RIGHT, TOUCH BESIDE, STEP OUT TO LEFT, STEP OUT TO RIGHT

- 1-2        Step right forward, pivot ½ turn left while sliding left beside right
- 3-4        Step forward on left, touch right beside left
- 5-6        Lunge step right to far right side, touch left beside right
- &7        Step left toe to left, step right toe to right
- 8        Drop heels down, weight on right with knee bend and look left (body facing diagonally left)

### Hands action:

- 5        Stretch left arm to left side parallel to floor, raise right arm 45-degrees up to the right side
- 6        Place both arms by the sides
- &7        Stretch both arms high up, "v" position, palms facing outward
- 8        Drop both arms down by sides, arching shoulders backward

## HIPS BUMPS, STEP LEFT TO LEFT, ½ TURN RIGHT AND STEP RIGHT TO RIGHT SIDE, LEFT STEP ACROSS LUNGE RIGHT, ¼ TURN RIGHT AND TOUCH LEFT

- 1&2&3&      Weight remain on right, bump hips left, right, left, right, left, right
- 4        Step left to left side (6:00)
- 5-6      Turn ½ right and step right to right side (12:00), cross left over right
- 7-8      Lunge step right to far right side, turn ¼ right and touch left beside right (3:00)

### Hands action:

- 7        Stretch left arm to left side parallel to floor, raise right arm 45-degrees up to the right side
- 8        Place left palm on side of left hip, hold hat with right hand at eye-level

## KNEE-ROLL TO THE LEFT WITH ¼ TURN LEFT, KICK FORWARD, STEP OUT TO LEFT, STEP OUT TO RIGHT, LOOK LEFT, FULL-TURN RIGHT, HALF-SQUAT DOWN, LOOK RIGHT

- 1-2        Roll left knee to the left, follow by right knee into ¼ turn left (12:00)
- 3&4        Kick left forward, step left to left, step right to right and look left
- 5-6        Full-spin turn to right on right, step left to left (12:00), feet apart

7-8 Bend both knees outward (half-squat position), look right with both palms on thighs

**Hands action:**

1-2 Maintaining position with left palm on side of left hip, holding hat with right hand

3&4 Push right arm in front on count 3, slap both arms by side on counts &4

**SHOULDER-PUSH SIDE-LUNGE LEFT, RIGHT, LEFT, RIGHT, ½ TURN LEFT CROSS BEHIND, UNWIND ½ TURN LEFT**

1-2-3-4 Push shoulder with body lunge left, right, left, right (feet apart), end weight on right

5-6 Turn ¼ left step forward on left, turn ¼ left step right to right side (6:00)

7-8 Cross left behind right, unwind ½ turn left, weight on left (12:00)

**Hands action:**

1-3 Bend left elbow across chest, straighten right arm parallel to right leg, and pull left arm in to left side

2-4 Repeat with alternate hand

**¼ TURN LEFT HITCH RIGHT, HOLD, ½ TURN RIGHT STEP DOWN HITCH LEFT, ¼ LEFT STEP TO LEFT SIDE, HANDS-PUSH WITH HIPS BUMP**

1-2 Turn ¼ left hitch right knee and push left palm forward, right hand on right hip, hold (9:00)

3-4 Turn ½ right, step forward on right, hitch left knee and push right palm forward, left hand on left hip (3:00)

&5 Turn ¼ left and step left to left, push right palm to left diagonal with hip bump left

6 Push right palm to right diagonal with hip bump right

7&8 Push right palm twice to left diagonal with double hip bumps left

**ROLLING TURN RIGHT WITH SIDE SHUFFLE, SYNCOPATED-CROSS ROCKS**

1-2 Turn ¼ right and step forward on right, turn ½ right and step back on left

3&4 Turn ¼ right and step right to right, step left beside right, step right to right

5&6& Cross left over right, step right in place, rock left to left, step right in place

7&8 Cross left over right, step right in place, cross left over right

**Hands action:**

5& Look right, hold hat with right hand at eye-level

6& Drop right hand, look left

7&8 Look right, hold hat with right hand at eye-level

**STEP BACK, ¼ TURN LEFT STEP FORWARD, ¼ TURN LEFT SIDE SHUFFLE, SYNCOPATED-CROSS ROCK, SIDE ROCK, BACK ROCK, ¼ TURN LEFT**

1-2 Step back on right, turn ¼ left and step forward on left

3&4 Turn ¼ left and step right to right, step left beside right, step right to right (6:00)

5&6& Cross left over right, step right in place, rock left to left, step right in place

7&8 Rock back on left, step right in place, turn ¼ left and step forward left (9:00)

**Hands action:**

5& Look right, hold hat with right hand at eye-level

6& Drop right hand, look left

**REPEAT**

**FINISHING POSE (2 OPTIONS):**

With hat - lunge right diagonally on ball of foot (1:30), right hand holding hat at eye-level

Without hat - raise right arm up diagonally at 45-degrees (1:30)

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