

La Pina Cha Cha

COPPERKNOB
STEPSHEETS

拍数: 30 墙数: 4 级数: Improver
编舞者: Billy Jones (USA)
音乐: Two Pina Coladas - Garth Brooks



SHUFFLES FORWARD, ROCK STEPS

1&2 Shuffle forward (right-left-right)
3&4 Shuffle forward (left-right-left)
5 Step forward on right foot
6 Rock back onto left foot

TURNING TRIPLES, ROCK STEPS, TRIPLE IN PLACE

7&8 Triple step in place (right-left-right) making a ½ turn to the right
9&10 Triple step in place (left-right-left) making a ½ turn to the right
11 Step back on right foot
12 Rock forward onto left foot
13&14 Triple step in place (right-left-right)

CROSS ROCK, TURNING TRIPLE

15 Cross left foot over right and step
16 Rock back onto right foot
17&18 Triple step in place (left-right-left) making a ¼ turn to the left

CROSS ROCKS, TRIPLES IN PLACE

19 Cross right foot over left and step
20 Rock back onto left foot
21&22 Triple step in place (right-left-right)
23 Cross left foot over right and step
24 Rock back onto right foot
25&26 Triple step in place (left-right-left)

MILITARY PIVOTS TO THE RIGHT

27 Step forward on left foot
28 Pivot ½ turn to the right on ball of left foot and shift weight to right foot
29-30 Repeat beats 27-28

REPEAT
