

# La Golondrina (Long Version)

**COPPER** KNOB  
STEPSHEETS

拍数: 64                      墙数: 2                      级数: Improver  
编舞者: Irene Groundwater (CAN)  
音乐: La Golondrina - Ricky King



---

## FORWARD, HOLD, SIDE, TOGETHER, SIDE, HOLD, FORWARD, REPLACE

1-2-3-4              Left forward, hold, side step right, step left beside right  
5-6-7-8              Side step right, hold, left forward, replace right

## BACK, HOLD, BACK, REPLACE, FORWARD, HOLD, ¼ TURN LEFT, TOGETHER

9-10-11-12          Left back, hold, right back, replace left  
13-14-15-16        Right forward, hold, ¼ turn left onto left foot, step right beside left

## FORWARD, HOLD, SIDE, TOGETHER, BACK, HOLD, SIDE, REPLACE

17-18-19-20        Left forward, hold, side step right, step left beside right  
21-22-23-24        Right back, hold, side step left, replace right

## CROSS, HOLD, REPLACE, SIDE, CROSS, HOLD, UNWIND ½ TURN LEFT FOR 2 COUNTS

25-26-27-28        Cross left over right, hold, replace right, side step left  
29-30-31-32        Cross right over left, hold, unwind ½ turn left for 2 counts (weight ends on right foot)

**Option - On count 30 extend arms out to each side shoulder high bending knees**

**- On counts 31 and 32 unwind with arms outstretched slowly straightening knees - like a swallow.**

## FORWARD, HOLD, ROCK BACK, ROCK FORWARD, SIDE, HOLD, ROCK LEFT, ROCK RIGHT

33-34-35-36        Left forward, hold, rock right back, rock left forward  
37-38-39-40        Side step right, hold, rock left to left side, rock right to right side

## CROSS, HOLD, REPLACE, SIDE, CROSS, HOLD, REPLACE, SIDE,

41-42-43-44        Cross left over right, hold. Replace right, side step left  
45-46-47-48        Cross right over left, hold, replace left, side step right,

## BRUSH, FORWARD, BRUSH, FORWARD, ¼ TURN LEFT & TOUCH, FORWARD, ¼ TURN LEFT & TOUCH

49-50-51-52        Brush left beside right, left diagonal forward, brush right beside left, right diagonal. Forward  
53-54                Left forward, pivot ¼ turn left on left ball as right toe touches beside left instep  
55-56                Right forward, pivot ¼ turn left on right ball as left toe touches beside right instep

## SIDE, HOLD, TOGETHER, SIDE, CROSS OVER WITH ¼ TURN LEFT, HOLD, SIDE, TOGETHER

57-58-59-60        Side step left, hold, step right beside left, side step left  
61-62-63-64        Cross right over left making ¼ turn left on step, hold, side step left, step right beside left

## REPEAT

---