

The L Bay Strut (Let's Be 'aving You)

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 0 级数:
编舞者: Alan Finch & Thelma Finch
音乐: When the Devil Wants to Wrestle - David Ball



Position: Sweetheart (Side by side), both on same feet, weight on right feet
This dance is dedicated to Geoff, our friend and class bouncer, who passed away recently

LEFT HEEL TOUCH FORWARD, TOGETHER, SIDE, TOGETHER

1-4 Touch left heel forward, touch left toe next to right, touch left toe out to left, touch left toe next to right

LEFT, RIGHT, LEFT HEEL STRUTS

5-10 Left heel strut, right heel strut, left heel strut

RIGHT HEEL TOUCH FORWARD, TOGETHER, SIDE, TOGETHER

11-14 Touch right heel forward, touch right toe next to left, touch right toe out to right, touch right toe next to left

RIGHT, LEFT, RIGHT HEEL STRUTS

15-20 Right heel strut, left heel strut, right heel strut

LEFT STEP FORWARD, SLIDE, STEP, HITCH RIGHT HALF TURN

21-24 Left step forward, slide right up to left, step forward left, hitch right turning ½ turn left to face RLOD

Releasing right hand and passing left arms over mans head, taking up right hands in front in VW hold

RIGHT STEP FORWARD, SLIDE, STEP, HITCH LEFT ½ TURN

25-28 Right step forward, slide left up to right, step forward right, hitch left turning ½ turn left to face LOD

Passing left arms over ladies head back into Sweetheart Hold

LEFT FORWARD MAMBO STEP

29-32 Rock forward on left, in place on right, step left next to right, hold

RIGHT BACK MAMBO STEP

33-36 Rock back on right, in place on left, step right next to left, hold

LEFT, RIGHT, LEFT HEEL STRUTS

37-42 Left heel strut, right heel strut, left heel strut

RIGHT FORWARD MAMBO STEP

43-46 Rock forward on right, in place on left, step right next to left, hold

LEFT BACK MAMBO STEP

47-50 Rock back on left, in place on right, step left next to right, hold

RIGHT, LEFT, RIGHT HEEL STRUTS

51-56 Right heel strut, left heel strut, right heel strut

LEFT STEP LOCK STEP HOLD AND RIGHT STEP LOCK STEP HOLD

57-60 Left step forward, slide and lock right behind left, left step forward, hold

61-64 Right step forward, slide and lock left behind left, right step forward, hold

REPEAT
