Kung-Fu Fighting

拍数: 32

1-2

3

8

3

7

1

2

编舞者: Alan Clarke (UK)

音乐: Kung Fu Fighting - Carl Douglas & Bus Stop

Hold position and smile for 1 count &4 Step down in place on right foot, kick left foot forward 5-7 Walk forward on left-right-left Touch right toe next to left foot clapping hands twice VINE RIGHT / STOMP / VINE LEFT / STOMP 1-2 Step right foot to right side, cross left behind Stomp right foot to right side &4 Bring left hand across body right to left at chest height, right hand punches out to right side (as in karate chop!) 5-6 Step left foot to left side: cross right behind Step left foot to left side Bring right hand across body left to right at chest height, left hand punches out to left side (as &8 in karate chop!) WALK BACK X4 / OUT-OUT-IN-IN (ALL WITH ARMS) Step back on right foot pushing right arm forward Step back on left foot pushing left arm forward

3-4 Repeat counts 1-2 again

On counts 1-4 arms should go forward as if scratching Ninia style!

- 5 Step right foot out to right side taking right hand out to side at shoulder height
- 6 Step left foot out to left side taking left hand out to side at shoulder height
- 7 Step right foot in to center taking right hand in to center of body
- 8 Step left foot in to center taking left hand in to center of body

TOUCH-HITCH X 3 MAKING 1/2 TURN LEFT / STEP / SLAP-SLAP / BOW

- 1& Tap right toe out to right side, hitch right knee up starting to turn left
- 2&3& Repeat count 1& again 2 more times completing 1/2 turn left
- 4 Step right foot in place
- Slap right leg with right hand, slap left leg with left hand 5-6
- 7-8 Join hands (as in prayer) bowing forward, straighten body up

REPEAT





级数:

STEP FORWARD-HITCH-HOLD-SMILE / STEP-KICK FORWARD /WALK FORWARD-TOUCH AND CLAPS

Step forward on left foot, hitch right knee raising both arms out to sides at shoulder height

墙数: 2