

# Kung Fu

拍数: 0                      墙数: 4                      级数: Intermediate  
编舞者: Sandra Kent  
音乐: Kung Fu Fighting - Carl Douglas & Bus Stop



Sequence: AABA AABA CABB

## PART A:

### FRONT, SIDE, SAILOR, WEAVE

- 1                      Step right across left
- 2                      Step left to left side
- 3&4                  Step right behind left, step left together, step right to side
- 5&6                  Step left over right, step right to side, step left behind right
- &7                    Step right side, step left across right
- 8                      Touch right toe to side

### HEEL & TOES

- 9&10                Touch right heel forward, jump right together, touch left toe back
- &11                  Jump left together, touch right heel forward
- &12                  Double clap
- &13                  Jump right together, touch left toe back
- &14                  Jump left together, touch right heel forward
- &15                  Jump right together, touch left toe back
- &16                  Double clap

### SHUFFLE, TURN, ROCK & KICK BALL CHANGES

- 17&18              Shuffle left to left
- 19                    Quarter turn right rock back right
- 20                    Rock forward left
- 21&22              Right kick ball change traveling forward
- 23&24              Right kick ball change traveling forward

### ROCK, TURN, SHUFFLES

- 25                    Rock forward right
- 26                    Rock back left
- 27&28              Turn half right shuffle forward right, left, right
- 29                    Rock forward left
- 30                    Rock back right
- 31&32              Turn half left shuffle forward left, right, left

## PART B:

### ROCK, COASTER, ROCK, SAILOR

- 1                      Rock forward right
- 2                      Rock back left
- 3&4                  Step back right, step left together, step forward right
- 5                      Quarter turn right rock left to side
- 6                      Return weight right

**At same time: reach left arm out to left side and bend right arm across chest towards left.**

- 7&8                    Step left behind right, step right together, step left to side

**Part B is repeated another 3 times, you will have done a full turn in 32 counts. Coming back to face the wall you began Part B at.**

**PART C:**

**KICK, KICK, CHA**

- 1 Kick right forward
- 2 Kick right back while turning half right
- 3&4 Cha-cha on spot right, left, right
- 5 Kick left forward
- 6 Kick left back while turning half left
- 7&8 Cha-cha on spot left, right, left

**FRONT, SIDE, SAILOR**

- 9 Touch right toe forward
- 10 Touch right toe side
- 11&12 Step right behind left, step left together, step right to side
- 13 Touch left toe forward
- 14 Touch left toe side
- 15&16 Step left behind right, step right together, step left to side

**KICK, KICK, CHA**

- 17 Kick right forward
- 18 Kick right back while turning half right
- 19&20 Cha-cha on spot right, left, right
- 21 Kick left forward
- 22 Kick left back while turning half left
- 23&24 Cha-cha on spot left, right, left

**FRONT, SIDE, SAILOR**

- 25 Touch right toe forward
- 26 Touch right toe side
- 27&28 Step right behind left, step left together, step right to side
- 29 Touch left toe forward
- 30 Touch left toe side
- 31&32 Step left behind right, step right together, step left to side

**FRONT, SIDE, FRONT, SIDE**

- 33 Touch right toe forward
  - 34 Touch right toe side
  - 35 Touch right toe forward
  - 36 Touch right toe side
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