

Krystal Kick

拍数: 36 墙数: 4 级数: Intermediate
编舞者: Ronni Booth (USA)
音乐: Better Man, Better Off - Tracy Lawrence



STEP-TOGETHER, KICK-BALL-CHANGE

1-2 Step right foot to right side; step left beside right
3&4 Kick right foot forward; step on ball of right; step on left foot
5-6 Step right foot to right side; step left beside right
7&8 Kick right foot forward; step on ball of right; step on left foot.

PIVOT, HEEL-BALL-CROSS, RIGHT GRAPEVINE WITH TRIPLE STEP

9-10 Step right foot forward; pivot ½ turn left
11&12 Touch right heel forward; step on ball of right foot; cross-step left over right
13-14 Step right foot to right side; cross-step left behind right
15&16 Step right to right side; step left together; step right in place.

LEFT GRAPEVINE WITH TRIPLE STEP TURN, JAZZ BOX WITH TRIPLE STEP

17-18 Step left foot to left side; cross-step right behind left
19&20 Turning ¼ left, step on left foot; slide right beside left; step left in place
21-22 Cross-step right foot over left; step left foot back
23&24 Step right foot to right side; step left together; step right to right side.

KICK, KICK, COASTER STEP, HEEL-TOE, SYNCOPATED ROCK-STEP

25-26 Kick left foot forward twice
27&28 Step left foot back; step right back beside left; step left foot forward
29-30 Touch right heel forward; touch right toe back
31&32 Rock-step right foot forward; rock back onto left; rock back onto right.

ROCK, RECOVER, TRIPLE STEP

33-34 Rock-step left foot forward; rock back onto right
35&36 Step left in place, step right in place, step left in place.

REPEAT
