

Knock Knees

拍数: 32 墙数: 4 级数: Beginner
编舞者: Carol Carleton (AUS)
音乐: Knock On Wood - Amii Stewart



1&2 Shuffle forward right-left-right
3&4 Shuffle forward left-right-left

5-6 Step forward on right, pivot $\frac{1}{2}$ turn left to face the back wall
7-8 Repeat to face the front wall

9&10 Shuffle sideways to the right
11-12 Rock back on left, recover
13&14 Shuffle sideways to the left
15-16 Rock back on right, recover

17-18 Moving backwards - step back on right diagonal, touch left to right
19-20 Step back left, touch right to left
21-22 Step back on right, touch left to right
23-24 Step back on left and $\frac{1}{4}$ turn to left, scuff and bring right foot to left

25-28 (Weight even) turn toes out, heels out, toes out, hold
29-32 Moving inwards, toes in, heels in, toes in, hold

REPEAT
