

# Kicking The Habit

**COPPER** **KNOB**  
BY STEPHEN

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Al Ord (UK)  
音乐: Ten Rounds With Jose Cuervo - Tracy Byrd



## KICK BALL CROSS TWICE, ROCK RECOVER, CROSS SHUFFLE

1&2-3&4      Right kick ball cross, right kick ball cross  
5-6-7&8      Side rock right, recover left, cross shuffle right over left

## KICK BALL CROSS TWICE, ROCK, RECOVER, CROSS SHUFFLE

9&10-11&12      Left kick ball cross, left kick ball cross  
13-14-15&16      Side rock left, recover right, cross shuffle left over right

## ROLLING VINE RIGHT (FULL TURN LEFT) SIDE RIGHT TOUCH LEFT

17-18-19-20      Traveling right - step right turning ½ turn left, step left turning further ½ turn left, step right to right side, touch left beside right

## SIDE, TOGETHER, SIDE, TOUCH

21-22-23-24      Traveling left step left to left side, slide right next to left, step left to left side touch right beside left

## ROLLING VINE RIGHT (FULL TURN RIGHT)

25-26-27-28      Traveling right, step right turning ½ turn right, step left turning further ½ turn right, step right to right side touch left beside right

## SIDE TOGETHER SIDE ¼ TURN SCUFF RIGHT

29-30-31-32      Step left to left side, slide right next to left, step left making ¼ turn left, scuff right past left

## DIAGONAL RIGHT STEP LOCK SHUFFLE

33-34-35&36      To right diagonal - step right, lock left behind right, right shuffle step, lock

## DIAGONAL LEFT STEP LOCK SHUFFLE

37-38-39&40      To left diagonal - step left, lock right behind left, left shuffle step lock

## FORWARD ROCK RECOVER SHUFFLE ½ TURN BACK

41-42-43&44      Rock forward right, recover back onto left, traveling backwards - triple ½ turn shuffle

## RIGHT-LEFT-RIGHT SHUFFLE ½ TURN, SHUFFLE ½ TURN

45&46-47&48      Continuing to travel backwards, - triple ½ turn shuffle left-right-left, triple ½ turn shuffle right-left-right

## FORWARD ROCK, RECOVER, SHUFFLE ½ TURN

49-50-51&52      Rock forward on left, recover back onto right, triple ½ turn shuffle back left right left

## STEP, PIVOT, SHUFFLE ½ TURN

53-54-55&56      Step forward right, pivot ½ turn left, triple ½ turn shuffle

## BACK ROCK, RECOVER LEFT SHUFFLE

57-58-59&60      Rock back onto left, recover onto right, left shuffle forward

## RIGHT SHUFFLE, LEFT SHUFFLE

61&61-63&64      Right shuffle forward, left shuffle forward

REPEAT

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