

Kickin' Skip

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Mario Kouwenberg (NL)
音乐: Hittin' the Hay - Rednex



When dancing to "Hitting The Hay" by Rednex, start at the chicken noise (26 seconds in). After the 6th repetition, there is a stop of 4 counts which can be used for 4 times clap hands

KICK FORWARD-SIDE, CHA-CHA-CHA WITH RIGHT THEN LEFT

- 1 Kick right foot forward
- 2 Kick right foot side to right
- 3 Step right together
- & Step left together
- 4 Step right together
- 5 Kick left foot forward
- 6 Kick left foot side to left
- 7 Step left together
- & Step right together
- 8 Step left together

ROCK STEP DIAGONALLY FORWARD WITH PUSHING HIPS, CHA-CHA-CHA WITH RIGHT THEN LEFT

- 9 Step right foot diagonally forward, shift left heel up, and push hips to the side
- 10 Step left heel back, shift right toes up
- 11 Step right together
- & Step left together
- 12 Step right together
- 13 Step left foot diagonally forward, shift right heel up, and push hips to the side
- 14 Step right heel back, shift left toes up
- 15 Step left together
- & Step right together
- 16 Step left together

HOLE PIVOT RIGHT, COASTER STEP, STEP, SKIP, SKIP-BALL-CHANGE

- 17 $\frac{1}{2}$ pivot on right foot to the right
- 18 $\frac{1}{2}$ pivot on left foot to the right
- 19 Step right foot backwards
- & Step left foot backwards
- 20 Step right foot forward
- 21 Step left foot forward
- 22 Skip to the right on left foot with hitching right knee
- 23 Skip to the right on left foot with hitching right knee
- & Step right foot on place
- 24 Step left together

HEEL TAPS WITH RIGHT-LEFT-RIGHT-LEFT, JUMPING OUT-CROSS-TURNING $\frac{3}{4}$ LEFT, CLAP

- 25 Heel tap with right foot forward
- 26 Heel tap with left foot forward
- 27 Heel tap with right foot forward
- 28 Heel tap with left foot forward
- 29 Jump left foot and right out
- 30 Jump right foot cross-over left foot

31 Turning on left foot and right foot $\frac{3}{4}$ to the left
32 Clap hands (1x)

REPEAT

TAG

33-36 Clap hands 4 times when the music stops at 1:42
