

Kickin' Out

拍数: 36 墙数: 0 级数:
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音乐: If This Is Love - Deana Carter



RIGHT AND LEFT GRAPEVINES; ROCK STEPS:

- 1-4 Vine right, touch left beside right
- 5-8 Vine left - step left to left, step right behind left, step left with left foot turning ¼ turn left, brush right
- 9-10 Rock forward on right across left, rock back on left

KICK-SCOOT, STEP:

- 11 Kick right foot out to right side as you scoot back on left
- 12 Step back on right
- 13 Kick left foot out to left side as you scoot back on right
- 14 Step back on left
- 15 Kick right foot out to right side as you scoot back on left
- 16 Step back on right
- 17 Kick left foot out to left side as you scoot back on right

ROCK BACK, ROCK FORWARD, SCOOT:

- 18-19 Rock back on left foot, rock forward on right foot
- 20-21 Rock back on left foot, rock forward on right foot
- 22 Scoot forward on right - hitching left knee

STEP SLIDE, STEP SCOOT, STOMP, STOMP:

- 23-25 Step forward left, slide right behind left, step forward left
- 26 Scoot forward on left - hitching right knee
- 27-28 Stomp right foot forward, stomp left next to right

SLAP, SLAP, CLAP, CLAP, SWIVIT, SWIVIT:

- 29-30 Bending down slightly - slap both hands on both thighs
- 31-32 Clap hands together twice
- 33-34 With weight on right heel and left toe - pivot legs to right keeping upper body forward, throwing right thumb out in hitchhiking gesture, pivot back to center
- 35-36 With weight on right heel and left toe - pivot legs to right keeping upper body forward, throwing right thumb out in hitchhiking gesture, pivot back to center

REPEAT
