Kickin' It Up

拍数: 40

级数:

编舞者: Bobbie Allen (USA)

音乐: How Was I to Know - Reba McEntire

KICK-BALL-CHANGES

- 1&2 Kick right foot forward, step down on right foot, turn ¼ left and step left beside right
- 3&4 Kick right foot forward, step down on right foot, turn ¼ left and step left beside right
- 5&6 Kick right foot forward, step out slightly to right on right ball, change weight to left foot slightly out to left side
- &7 Bring right foot in, bring left foot in
- &8 Step right foot out to right and left foot out to left (shoulder width) with weight on left foot

KICK, CROSS, UNWIND ½, CLAP, SAILOR SHUFFLES

- 9 Kick right foot forward slightly
- 10 Cross right foot in front of left foot
- 11 Unwind ½ turn to left
- 12 Clap
- 13&14 Step right foot behind left foot, step ball of left foot out to left side, change to ball of right foot out to the right side
- 15&16 Step left foot behind right foot, step ball of right foot out to right side, change to ball of left foot to left side

MODIFIED GRAPEVINE LEFT, KICK, KICK, COASTER STEP

- 17 Cross right foot in front of left foot
- 18 Left step to left
- 19 Right crosses in behind left
- 20 Left foot steps to left side
- 21 Kick right foot low and forward
- 22 Kick right foot low and forward
- 23&24 Step back on right, step left beside right, step forward on right

MODIFIED GRAPEVINE RIGHT, KICK, KICK, COASTER STEP

- 25 Cross left foot in front on right foot
- 26 Step right foot to side
- 27 Cross left foot behind right foot
- 28 Step right foot to right side
- 29 Kick left foot low and forward
- 30 Kick left foot low and forward
- 31&32 Step back on left, step right beside left, step forward on left

STEP, PIVOT 1/2, STOMP, STOMP, DOUBLE HIP BUMPS

- 33 Step forward on right foot
- 34 Pivot ½ turn to left
- 35 Stomp right foot
- 36 Stomp left foot
- 37-38 Double hip bumps to right
- 39-40 Double hip bumps to left

REPEAT





墙数:2