

# Kicking It (New Jersey Step)

**COPPER** KNOB  
BY STEPHENETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Unknown  
音乐: I Want - Chaka Khan



## DOUBLE SIDE TOUCHES, SINGLE SIDE TOUCHES, SINGLE FRONT TOUCHES

- 1&2&      Touch right toe to right side, touch right foot next to left foot, touch right toe to right side, step right foot next to left foot
- 3&4&      Touch left toe to left side, touch left foot next to right foot, touch left toe to left side, step left foot next to right foot
- 5&6&      Touch right toe to right side, step right foot next to left foot, touch left toe to left side, step left foot next to right foot
- 7&8&      Touch right toe forward, step right foot next to left foot, touch left toe forward, step left foot next to right foot

## LEG LIFTS, SIT, STAND, SWIVEL, SWIVEL

- 1&      Bend right knee and lift right foot off floor, step right foot next to left foot
- 2&      Bend left knee and lift left foot off floor, step left foot next to right foot
- 3-4      Bend both knees (sit), straighten knees (stand)
- 5&6      Swivel right heel, out-in-out while bumping hips right, center, right
- 7&8      Swivel left heel out-in-out while bumping hips left, center, left (weight ends on left foot)

## KICK & TWIST TWICE

- 1&2      Kick right foot forward, step right foot next to left foot, step left foot forward in front of right foot (weight on both)
- 3-4      Swivel heels left making  $\frac{1}{4}$  turn right, swivel heels right making  $\frac{1}{4}$  turn left sliding left foot back next to right foot taking weight
- 5&6      Repeat counts 1&2
- 7-8      Repeat counts 3-4&

## KICK & TWIST, KICK & TWIST $\frac{1}{4}$ TURN RIGHT

- 1&2      Kick right foot forward, step right foot next to left foot, step left foot in front of right foot
- 3-4      Swivel heels left making  $\frac{1}{4}$  turn right, swivel heels right making  $\frac{1}{4}$  turn left sliding left foot back next to right foot taking weight
- 5&6      Repeat counts 1&2
- 7-8      Swivel heels left making  $\frac{1}{4}$  turn right, slide left foot next to right foot

### Variation

- 8      Slide to the left on left foot touching right foot next to left foot

## REPEAT

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