

Kickin' Cha

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: James "JP" Potter (USA)
音乐: Lovers Live Longer - The Bellamy Brothers



STEP FORWARD, RIGHT SHUFFLE, ROCK/RECOVER, 1 ½ TURN SHUFFLE

1 Step left forward
2&3 Step right forward, step left next to right, step right forward
4-5 Rock forward on left, replace weight to right
6&7 Step left back into ½ turn left, step right next to left turning a ½ turn left, step left back into ½ turn left
8&1 Step right forward into ¼ turn left, step left next to right, step right to right side

HIPS SWAYS, ROCK, SHUFFLE FORWARD, ROCK/RECOVER

2-3 Sway hips left, sway hips right
4&5 Sway hips left, rock back on right, replace weight to left
6&7 Step right forward, step left next to right, step right forward
8-1 Rock forward on left, replace weight to right

½ TURN SHUFFLE, STEP ½ PIVOT, SHUFFLE FORWARD, STEP FORWARD

2&3 Step left back turning ½ turn left, step right next to left, step left forward
4-5 Step right forward, pivot ½ turn left (weight ends on left)
6&7 Step right forward, step left next to right, step right forward
8 Step left forward

KICK, SWEEP, FULL TURN, SWEEP, SAILOR STEP, ROCK/RECOVER, ½ TURN STEP TOGETHER

1 Kick right across left
2&3 Sweep right around to a touch behind left, spin full turn on left foot (weight stays on left foot, right will be touched across when finished. Using the momentum from the sweep will help to get around), sweep right around almost behind left
4&5 Step right behind left, step left to left side, step right to right side
6-7 Rock forward on left, replace weight to right
8&1 Step left back into a ½ turn left, step right next to left

REPEAT

If you can't do a 1 ½ turn, make it a ½ turn instead by step back into a half turn with the left for count 6, stepping together for &, and stepping forward on the left for count 8

If you can't do the full turn spin, don't turn. Instead, kick right across for 1, sweep around behind left for 2, touch right to right side for 3.