

Kickin'

拍数: 32 墙数: 4 级数: Improver
编舞者: Tracy Knowles (CAN)
音乐: Love Gets Me Every Time - Shania Twain



HEEL SWITCHES, RIGHT KICKS, HEEL SWITCHES, LEFT KICKS

1&2 Right heel forward, step right home, left heel forward
&3-4 Step left home, kick right, kick right
&5&6 Step right home, left heel forward, step left home, right heel forward
&7-8 Step right home, kick left, kick left

FORWARD STEPS, FORWARD COASTER, STEP BACK, BACK COASTER

&1-2 Step left, long stride forward onto right, step forward left
3&4 Step forward right, step together left, step back right
5-6 Step back left, step back right
7&8 Step back left, step together right, step forward left

HEEL SWITCHES, ½ TURN LEFT, PRETZEL

1&2 Right heel forward, step right home, left heel forward
&3 Step left home, step on right heel
4 Pivot ½ turn left on right heel with weight ending on left
5&6 Step right across in front of left, step back left, right heel forward
&7&8 Step right to right side, cross left in front of right, step back right, left heel forward

JUMPING JACK TURN, ROCK FORWARD RIGHT, ROCK BACK RIGHT

1-2 Jump feet apart, jump feet crossed with right in front
3-4 Unwind ¾ turn to left with weight ending on left
5-6 Rock forward onto right, recover onto left
7-8 Rock back onto right, recover onto left

REPEAT
