

Kick'n Swing

COPPER KNOB
BY STEPHENETS

拍数: 40 墙数: 4 级数: Intermediate east coast swing
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音乐: Family Tree - Lee Roy Parnell



KICK, KICK, STEP, KICK, WALK, WALK, FORWARD-ROCK

1-2 Kick right diagonal twice
&3-4 Step right back center, step left forward, kick right diagonal
&5-6 Step right back center, walk forward left, walk forward right
7-8 Rock forward on left, recover weight on right

TRIPLE-STEP BACK, ROCK-STEP, ½ TRIPLE-TURN RIGHT, BACK-ROCK

9&10 Step back on left, step right together, step back on left
11-12 Rock back on right, recover on left
13&14 Step right, left, right making ½ turn left
15-16 Rock back on left, recover weight on right

LEFT CHASSE, BACK-ROCK, RIGHT CHASSE, ROCK-TURN ¼ LEFT

17&18 Step left to left, step right next to left, step left to left
19-20 Rock back on right, recover weight on left
21&22 Step right to right, step left next to right, step right to right
23-24 Rock back on left making ¼ turn left, step forward on right recover weight

LEFT HEEL DIG, RIGHT HEEL DIG, BACK STEP, BACK STEP, LEFT SHUFFLE FORWARD, STEP-PIVOT ½ LEFT

25-26 Dig left heel forward, dig right heel forward
27-28 Step back left, step back right
29&30 Step forward left, step right together, step forward left
31-32 Step forward with right, making ½ turn left, shift weight on left

RIGHT KICK-BALL-STEP, TOE-FAN, LEFT KICK-BALL-STEP, TOE-FAN

33&34 Kick right diagonal left across left, step right back center, step left diagonal forward
35-36 Step right diagonal forward across left, turn right toe ¼ to right diagonal
37&38 Kick left diagonal right across right, step left back center, step right diagonal forward
39-40 Step left diagonal across right, turn left toe 1/8 to left

REPEAT