

Kick You Out Of My Mind

COPPERKNOB
CHOREOGRAPHY

拍数: 36 墙数: 4 级数: Beginner
编舞者: Tonny van Donk (NL)
音乐: Old Tears - Ilse DeLange



TOE STRUTS BACKWARD

1-2 Toe strut backward with right foot
3-4 Toe strut backward with left foot
5-6 Toe strut backward with right foot
7-8 Toe strut backward with left foot

ROCK STEP, HEEL STRUT, STOMPS

1-2 Rock right foot backward, replace weight back on left foot
3-4 Heel strut forward with right foot
5-6 Heel strut forward with left foot
7-8 Stomp right twice beside left foot

KICK, FAST KICK CHANGES

1-2 Kick right forward twice
& Step right beside left
3-4 Kick left forward twice
& Step left beside right
5 Kick right forward
& Step right beside left
6 Kick left forward
& Step left beside right
7 Kick right forward
& Step right beside left
8 Kick left forward

VINE LEFT WITH ¼ TURN, KICK, VINE RIGHT, KICK

1-4 Vine left with ¼ turn to the left, kick right forward
5-8 Vine right, kick left forward

FAST KICK CHANGES

1 Kick left forward
& Step left beside right
2 Kick right forward
& Step right beside left
3 Kick left forward
& Step left beside right
4 Kick right forward

REPEAT