

Kick In

拍数: 32 墙数: 4 级数: Beginner
编舞者: Nancy Laurent (FR)
音乐: Swing Swing Highland Fling - The Sporrán Brothers



KICK KICK SAILOR STEP, RIGHT AND LEFT

1-2 Kick right forward then side
3&4 Right sailor step
5-6 Kick left forward then side
7&8 Left sailor step

ROCK FORWARD, SHUFFLE SIDE, ROCK FORWARD, ¼ TURN

1-2 Step right forward, rock back onto left
3&4 Shuffle side (right-left-right)
5-6 Step left forward, rock back onto right
7&8 Triple step with ¼ turn left (left-right-left)

CHARLESTON STEP

1-2 Point right toe forward, step back right
3-4 Point left toe back, step forward left
5-8 Repeat 1-4

½ PIVOT TURN TWICE, RIGHT KICK BALL CHANGE TWICE

1-2 Step forward right, pivot ½ turn left
3-4 Repeat 1-2
5&6 Right kick ball change
7&8 Repeat 5&6

REPEAT
