

Kick And Bounce

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ramona Davis (USA)
音乐: She's a Lady - Tom Jones



KICK TOUCHES, OUT-OUT, IN-IN

1&2 Kick right foot forward, replace right next to left, touch left to left side
3&4 Kick left foot forward, replace left next to right, touch right to right side
&5 Step out to the right on right foot, step out to the left on left foot
6 Hold and clap hands
&7 Step in to center on right foot, step left foot next to right
8 Hold and clap hands

KICK BALL CHANGE, CROSS, TURN TWICE

1&2 Kick right foot forward, step down on ball of right, step down on left
3-4 Cross right over left and unwind $\frac{1}{2}$ turn to left
5&6 Kick left foot forward, step down on ball of left, step down on right
7-8 Cross left over right and unwind $\frac{1}{2}$ turn to right

HIP BUMPS, STEP TURN BOUNCES

1-2 Touch right foot slightly forward and do 2 hip bumps to the right
3-4 Touch right foot slightly back and do 2 hip bumps to the right
5-6 Step forward with right, pivot $\frac{1}{4}$ turn to left
7-8 Bounce heels, bounce heels

CROSS POINT, CROSS POINT, CROSS TURN, BOUNCE, BOUNCE

1-2 Cross right over left, point left to left side
3-4 Cross left over right, and point right to right side
5-6 Cross right over left, unwind $\frac{1}{2}$ turn to left
7-8 Bounce heels, bounce heels

REPEAT
