

# Kick And Bounce

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Ramona Davis (USA)  
音乐: She's a Lady - Tom Jones



## KICK TOUCHES, OUT-OUT, IN-IN

1&2      Kick right foot forward, replace right next to left, touch left to left side  
3&4      Kick left foot forward, replace left next to right, touch right to right side  
&5      Step out to the right on right foot, step out to the left on left foot  
6      Hold and clap hands  
&7      Step in to center on right foot, step left foot next to right  
8      Hold and clap hands

## KICK BALL CHANGE, CROSS, TURN TWICE

1&2      Kick right foot forward, step down on ball of right, step down on left  
3-4      Cross right over left and unwind  $\frac{1}{2}$  turn to left  
5&6      Kick left foot forward, step down on ball of left, step down on right  
7-8      Cross left over right and unwind  $\frac{1}{2}$  turn to right

## HIP BUMPS, STEP TURN BOUNCES

1-2      Touch right foot slightly forward and do 2 hip bumps to the right  
3-4      Touch right foot slightly back and do 2 hip bumps to the right  
5-6      Step forward with right, pivot  $\frac{1}{4}$  turn to left  
7-8      Bounce heels, bounce heels

## CROSS POINT, CROSS POINT, CROSS TURN, BOUNCE, BOUNCE

1-2      Cross right over left, point left to left side  
3-4      Cross left over right, and point right to right side  
5-6      Cross right over left, unwind  $\frac{1}{2}$  turn to left  
7-8      Bounce heels, bounce heels

## REPEAT

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