

# Keeping You Forever

**COPPER KNOB**  
BY STEPSHEETS

拍数: 0      墙数: 1      级数: Intermediate  
编舞者: Michelle Holt (UK)  
音乐: Forever and for Always - Shania Twain



## PART A - FACING 12:00

### ROCK FORWARD AND BACK, ROCK AND ACROSS, LEFT SIDE, CLOSE LEFT QUARTER TURN CHASSE

1&2&      Rock forward on right, replace weight on left, rock back on right, replace weight on left  
3&4      Rock right to the right side, replace weight on left, cross right in front of left  
5-6      Step left to the left side, step right next to left  
7&8      Step left to left side, step right next to left, step left to left side turning a ¼ turn left

### STEP FORWARD ½ TURN PIVOT, ½ TURN TRIPLE STEP, STEP BACK, LOCK, BACK LOCK BACK

9-10      Step forward right, ½ pivot turn left  
11&12      Triple step making ½ turn over left shoulder, stepping right, left, right  
13-14      Step back left, lock right across in front of left  
15&16      Step back left, lock right across in front of left, step back left

### ROCK BACK, ROCK AND ACROSS, LEFT SIDE CLOSE, LEFT CHASSE

17-18      Rock back on right, replace weight on left  
19&20      Rock right to the right side, replace weight on left, cross right in front of left  
21-22      Step left to the left side, step right next to left  
23&24      Step left to left side, step right next to left, step left to left side

### RIGHT SAILOR STEP, LEFT SAILOR STEP WITH ¼ TURN LEFT

25&26      Step right behind left, step left to left side, step right in place  
27&28      Step left behind right, turn ¼ left as you step right in place, step left in place

## PART B - FACING 6:00

### SWAY HIPS RIGHT, LEFT, WEAVE STEP, SWAY HIPS LEFT RIGHT, WEAVE STEP WITH ¼ TURN RIGHT

1-2      Sway hips to right then left  
3&4      Step right behind left, step left to left side, step right across left  
5-6      Step left to left side as you sway hips to left then right  
7&8      Step left behind right, step right to right side, step left forward as you ¼ turn right

### KICK BALL CHANGE, ½ TURN PIVOT, ½ TURN TRIPLE STEP, COASTER BACK

9&10      Kick right forward, step right beside left, step left forward  
11-12      Step right forward ½ turn pivot left  
13&14      Triple step making ½ turn over left shoulder, stepping right, left, right  
15&16      Step back on left, step right beside, step forward on left

### RIGHT SHUFFLE FORWARD, ¾ TURN RIGHT AND CROSS, ROCK AND ACROSS, ½ TURN ACROSS

17&18      Right shuffle forward stepping right, left, right  
19&20      Step forward left as you begin to make a ¾ turn right, step right to right side, cross left over right (facing 6:00)  
21&22      Rock right to right side, replace weight on left, cross right over left  
23&24      Step left to left side as you begin a ½ turn right, step right to right side, cross left over right (facing 12:00)

### SIDE ROCK, CROSS SHUFFLE, ¼ TURN KICK, BACK LOCK STEP

- 25-26 Rock right to right side, replace weight on left
- 27&28 Cross shuffle (stepping right, left right, traveling to the left)
- 29-30 Step left to left side as you ¼ turn right, kick right leg forward
- 31&32 Step back right, lock left across right, step back right

**ROCK BACK AND FORWARD, FORWARD SHUFFLE, ROCK FORWARD AND BACK, BACK SHUFFLE**

- 33&34 Rock back onto left, replace weight on right, step forward onto left
- 35&36 Right shuffle forward stepping right, left, right
- 37&38 Rock forward onto left, replace weight on right, step back onto left
- 39&40 Right shuffle back stepping right, left, right

**EXTENDED WEAVE STEP, ROCK RIGHT, JAZZ BOX ¼ TURN**

- 41&42 Step left behind right, step right to right side, step left across in front of right
- &43&44 Step right to right side, step left behind right, step right to right side, step left across in front of right

**You will be stepping as follows: behind, side, in front, side, behind, side, in front**

- 45-46 Rock right to right side, replace weight onto left
- 47&48 Cross right over left, step back left as you ¼ turn right, step right in place

**TWINKLE STEPS TWICE, ROCK FORWARD, ½ TURN TRIPLE STEP**

- 49&50 Step left across in front of right, step right to right side, step left to left side
- 51&52 Step right across in front of left, step left to left side, step right to right side
- 53-54 Rock forward onto left, replace weight back onto right
- 55&56 Triple step making ½ turn over left shoulder, stepping left, right, left

**SKATE RIGHT, SKATE LEFT, RIGHT DIAGONAL SHUFFLE FORWARD, SKATE LEFT, SKATE RIGHT, LEFT DIAGONAL SHUFFLE FORWARD**

- 57-58 Skate forward on right, skate forward on left
- 59&60 Right shuffle forward towards right diagonal stepping right, left, right
- 61-62 Skate forward on left, skate forward on right
- 63&64 Left shuffle forward towards left diagonal stepping left, right, left

**JAZZ BOX, CROSS, TOUCH**

- 65-66 Step right across in front of left, step left back
- &67-68 Step right back (&) step left across in front of right, touch right beside left

**TAG**

**At the end of the 2nd time through the dance, dance until count 64 and then dance the tag before the jazz box step touch**

**TWINKLE STEPS, ROCK FORWARD, ½ TURN TRIPLE STEP TWICE**

- 1&2 Step right across in front of left, step left to left side, step right to right side
- 3&4 Step left across in front of right, step right to right side, step left to left side
- 5-6 Rock forward onto right, replace weight back onto left
- 7&8 Triple step making ½ turn over right shoulder, stepping right, left, right
- 9&10 Step left across in front of right, step right to right side, step left to left side
- 11&12 Step right across in front of left, step left to left side, step right to right side
- 13-14 Rock forward onto left, replace weight back onto right
- 15&16 Triple step making ½ turn over left shoulder, stepping left, right, left

**Dance tag in between counts 64 & 65 on 2nd time of dancing**

**On 4th time of dancing dance Part A and then Part A again up to count 20 which will finish with the music.**

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