

Keep The Fire Burning

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Kathrine Strand Hammond (NOR)
音乐: Baby Come On (feat. DJ Robbie) - Chris Anderson



HEEL, TOE, STEP OUT, STEP OUT, ¼ TURN RIGHT, KICK BALL STEP, HOLD (WITH SHOULDERS)

- 1-4 Touch right heel forward, touch right toe back, step right out to right side, step left out to left side
- 5-6&7 Turn ¼ to right on balls of both feet (weight ends on left), kick right forward, step right next to left, step left forward
- 8 Hold (quickly put weight on left before continuing)

Optional: lift shoulder up-down-up-down on the counts &7&8

WALK FORWARD, STEP OUT, STEP OUT, ROLL KNEE, ROLL KNEE, STEP, SLIDE

- 1-4 Step forward on right, step forward on left, step right out to right side, step left out to left side
- 5-8 Pick right heel up/roll right knee from inside to outside, pick left heel up/roll left knee from inside to outside, step large step with right to right side, slide/touch left next to right

HITCH/BOUNCE, HITCH/BOUNCE, POINT, TURN ¼ LEFT, POINTS

- 1&2 Pick left knee up/bounce, bounce/roll left hip left, step/bounce left behind right
- 3&4 Pick right knee up/bounce, bounce/roll right hip right, step/bounce right behind left
- 5-6 Point left to left side, turn ¼ left/step left next to right
- 7&8& Point right to right side, step right next to left, point left to left side, step left next to right

STEP FORWARD, TURN ¼ LEFT, STEP FORWARD, TURN ¼ LEFT, TAP, STEP FORWARD, ¼ TURN LEFT/TAP, STEP FORWARD

- 1-4 Step right forward, turn ¼ left (put weight on left), step right forward, turn ¼ left (put weight on left)
- 5-6 With weight on left: tap right diagonally forward, step right diagonally forward
- 7-8 With weight on right: tap left diagonally forward/¼ turn left, step left diagonally forward

REPEAT
