

Keep On Rockin'

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Kevin Smith (AUS) & Maria Smith (AUS)
音乐: Keep Me Rocking - Shanley Del



- 1-2 Point left toe forward, point left toe to left side
&3-4 Bring left to center, point right toe to right side, hold
5-6 Point right toe forward, point right toe to right side
&7-8 Bring right toe to center, point left toe to left side, hold
- 9 Step left heel forward at 45 degrees (take weight)
10 Step right heel forward at 45 degrees (take weight)
11-12 Step left back, step right next to left
- 13 Step left heel forward at 45 degrees (take weight)
14 Step right heel forward at 45 degrees (take weight)
15&16 Step left back, step right back, cross left over right
- 17&18 Side shuffle right-left-right
19-20 Rock back on left, rock forward right
- 21&22 Side shuffle left-right-left
23-24 Rock back right, rock forward left
- 25-26 Step forward right at 45 degrees, lock left behind right
27-28 Step forward right at 45 degrees, ½ turn right on right swinging left around
- 29-30 Step forward left at 45 degrees, lock right behind left
31-32 Step forward left at 45 degrees, ½ turn left on left swinging right around
- 33-34 Step right foot to right side bumping hip twice
35-36 Bump hips to left twice
37-40 Single hip bumps right-left-right-left
- &41-42 Step left forward, step right forward (feet apart), hold & clap
&43-44 Step right back, cross left over right, hold & clap
- 45-46 Unwind to the right ¾ turn (2 beats)
47&48 Coaster step right-left-right

REPEAT

TAG

Occurs once at end of second wall

- 1-4 Vine left-right-left, hitch right
5-8 Vine right-left-right ½ turn right hitch left
9-12 Vine left-right-left, hitch right
13-16 Vine right-left-right ½ turn right hitch left