

# Keep My Cool

**COPPER KNOB**  
BY STEPHANIE

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Stephanie Mountford (UK)  
音乐: Next to Me - Shayne Ward



## SIDE STEP, SIDE SHUFFLE, SIDE STEP SIDE SHUFFLE

1-2      Step left out to left side, step right next to left  
3&4      Step left out to left side, step right next to left, step left out to left side  
5-6      Step right out to right side, step left next to right  
7&8      Step right out to right side, step left next to right, step right out to right side

## LEFT LOCK, LEFT SHUFFLE, ROCK RECOVER, TRIPLE ¾ TURN RIGHT

1-2      Step left foot forward, lock right foot behind left  
3&4      Step left forward, step right behind left, step left foot forward  
5-6      Rock right foot forward, recover onto left  
7&8      ¾ turn right, stepping right left right

## MONTEREY ½ TURN, OUT, IN, MONTEREY ½ TURN, OUT, IN

1-2      Point left toe out to left side, ½ turn left on ball of right foot, step left foot down  
3-4      Point right toe out to right side, step right next to left foot  
5-6      Point left toe out to left side, ½ turn left on ball of right foot, step left foot down  
7-8      Point right toe out to right side, step right next to left foot

## SKATE FORWARD X3, TOUCH, VAUDEVILLE TWICE

1-2      Skate left foot forward, skate right foot forward  
3-4      Skate left foot forward, touch right next to left  
5&6      Cross right over left, step left foot back, right heel forward  
&7&8&      Step right foot back into place, cross left over right, step right back, left heel forward, step left foot back into place

## ½ TURN, ¼ TURN VAUDEVILLE TWICE

1-6      Step forward right, pivot ½ turn left  
3-4      Step forward right pivot ¼ turn left  
5&6      Cross right over left, step left foot back, right heel forward  
7&8&      Step right foot back into place, cross left over right, step right back, left heel forward, step left foot into place

## ROCK RECOVER, SLIDE BACK, KNEE POP, WALK TWICE, RIGHT SHUFFLE

1-2      Rock forward onto right foot, recover onto left foot  
3-4      Slide right foot back, slide left foot back as you pop right knee  
5-6      Walk forward right, left  
7&8      Right shuffle forward right, left, right

## ROCK RECOVER TRIPLE ¾ LEFT, SIDE TOUCHES, HEEL DIGS

1-2      Rock forward onto left recover onto right foot  
3&4      Triple ¾ turn left, stepping left right left  
5&6      Touch right toe to right side, step right next to left, touch left to left side  
&7&8&      Step left next to right, tap right heel forward, step right foot back into place, tap left heel forward, step left foot back into place

## TOE TOUCHES WITH HOLD TWICE, WALK X3, TOUCH

1-2      Touch right toe next to left, hold

- &3-4 Step right into place, touch left toe next to right, hold
- &5-6 Step left foot into place, walk forward right, left
- 7-8 Walk forward right, touch left next to right (weight ends on right)

**REPEAT**

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