Keep Me Hangin On



拍数: 48 墙数: 4 级数: Improver

编舞者: Ross Brown (ENG)

音乐: You Keep Me Hangin' On - The Supremes



DIAGONAL SHUFFLE, 1/2 ROLL, DIAGONAL SHUFFLE, ROCK BACK

1&2 Step right foot diagonally forward right, bring left up to right, step right foot diagonally forward

right

Roll hips to the right from the back to the front while turning a ½ right

5&6 Step left foot diagonally back left, bring right up to left, step left foot diagonally back left

7-8 Rock back with right, recover onto left

DIAGONAL SHUFFLE, 1/2 ROLL, DIAGONAL SHUFFLE, ROCK BACK

1&2 Step right foot diagonally forward right, bring left up to right, step right foot diagonally forward

right

3-4 Roll hips to the right from the back to the front while turning a ½ right

5&6 Step left foot diagonally back left, bring right up to left, step left foot diagonally back left

7-8 Rock back with right, recover onto left

STEP, ½ TURNING KICK, COASTER STEP, STEP, ½ TURNING KICK, COASTER STEP

1-2	Step forward with right, pivot a $\frac{1}{2}$ left while kicking left foot forward
3&4	Step back with left, step right next to left, step forward with left
5-6	Step forward with right, pivot a ½ left while kicking left foot forward
7&8	Step back with left, step right next to left, step forward with left

SIDE BEHIND & CROSS, 1/2 UNWIND, SIDE BEHIND & CROSS, 1/2 UNWIND

1-2 Step right to the right, cross step left behind right

& Step right to the right

3-4 Cross step left over right, unwind ½ right

5-6 Step right to the right, cross step left behind right

& Step right to the right

7-8 Cross step left over right, unwind ½ right

SAILOR STEP, BEHIND SIDE CROSS, STEP, 1/2 PIVOT, STEP, 1/2 PIVOT

1&2 Cross step right behind left, step left to the left, step right to the right
3&4 Cross step left behind right, step right to the right, cross step left over right

5-6 Step forward with right, pivot a ¼ left 7-8 Step forward with right, pivot a ½ left

Restart from here on wall 4

ROCK FORWARD, COASTER STEP TWICE

1-2 Rock forward with right, recover onto left

3&4 Step back with right, step left next to right, step forward with right

5-6 Rock forward with left, recover onto right

7&8 Step back with left, step right next to left, step forward with left

REPEAT

RESTART

Restart after count 40 on wall 4

ENDING

Danced once at the end of wall 8

1-2	Step forward with right, step left next to right
3-4	Step back with right, step left next to right
5-6	Step forward with right, step left next to right
7-8	Step back with right, step left next to right