Keep It Country

拍数: 56

级数: Intermediate

编舞者: Cheryl Clem (USA)

音乐: Play Something Country - Brooks & Dunn

STEP SLIDE

- 1-2 Step right to right slide left next to right
- 3-4 Repeat above and clap
- 5-6 Step left to left slide right next to left
- 7-8 Repeat above and clap

HIP BUMPS

1-4 Bump hips right, left, right and left (put hands on hips)

FULL TURN PADDLE WHEEL RIGHT ARM MAKING ROPING MOTION

Step right forward while making a 1/4 turn to the left (pivot on left foot,) step right forward while 1-4 making ¼ turn to the left, step right forward while making ¼ turn to the left, step right forward while making a $\frac{1}{4}$ turn to the left

DIAGONAL STEP TOUCHES FORWARD AND BACK

1-8 Step right forward at an angle, touch left next to right, step left back at an angle, touch right next to left, step right back at angle, touch left next to right, step left forward at an angle, touch right next to left

CROSS KICK SAILOR SHUFFLES

- Cross right over left(touch toe down only)kick right 1-2
- 3&4 Right sailor shuffle-step back right step back on left step right forward
- 5-6 Cross left over right(touch toe down) kick left out
- 7&8 Left sailor-step back left step back right step forward on left

MONTEREY TWICE 1/4 TURN TWICE

1-8 Point right to right while making a 1/4 turn to the right point left to left, step next to right, repeat

SAILOR SHUFFLES

- 1&2 Right sailor - step back right step back left step forward on left
- 3&4 Left sailor-step back left step back right step forward on left

STEP TOUCH, SWIVELS

1-12 Step right forward touch left next to right, point left to left side touch next to right, step left to left while making a 1/4 turn to the left step right next to left and hold for one count, swivel heels right, left, right left center

REPEAT





墙数:4