

# Keep It Country

**COPPER** KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Intermediate  
编舞者: Anette C. Holtet (NOR) & Mona Fjeldberg (NOR)  
音乐: Put Some Drive In Your Country - Travis Tritt



1st place in Norwegian Country Western Dance Championship 2003

## HEEL SWITCHES, SWIVEL, CHASSE, STEP, FULL TURN RIGHT

1&2                      Touch right heel forward, step right next to left, touch left heel forward  
&3                      Step left next to right, touch right toe forward  
&4                      Twist both heels to right, twist heels back to center  
5&6                      Step right to right, step left next to right, step right to right  
7-8                      Cross left in front of right, make a full turn (12:00)

## HEEL SWITCHES, SWIVEL, CHASSE, STEP, ¾ TURN LEFT

1&2                      Touch left heel forward, step left next to right, touch right heel forward  
&3                      Step right next to left, touch left toe forward  
&4                      Twist both heels left, twist heels back to center  
5&6                      Step left to left, step right next to left, step left to left  
7-8                      Cross right in front of left, turn ¾ to right (3:00)

## KICK, BACK-BACK, STEP, CROSS, CROSSING HEEL JACKS, TOUCH, TURN ½ LEFT

1&2                      Kick right forward, step right back, step left back  
&3                      Step right slightly back, cross left in front of right  
&4                      Step right slightly back, touch left heel diagonal to left  
&5                      Step left slightly back, cross right in front of left  
&6                      Step left slightly back, touch right heel diagonal to right  
7-8                      Touch right toe back, turn ½ right (9:00)

## TOUCHES, CROSSES WITH HEAD AND ARM MOVEMENTS

1-2                      Touch left toe to left, cross left in front of right  
3-4                      Touch right toe to right, cross right in front of left  
5-6                      Touch left toe to left, cross left in front of right  
7-8                      Touch right toe to right, touch right next to left

## REPEAT

## HEAD AND ARM MOVEMENTS

1                      No head or arm movements  
2&3                      Pretend to grab something in front of you with right arm, pull it to you, then stretch right arm out to right side and turn your head sharply to right  
4-5                      Pretend to grab something in front of you with left arm, pull it to you, then stretch left arm out to left side and turn your head sharply to left  
6-7                      Pretend to grab something in front of you with right arm, pull it to you, then stretch right arm out to right side and turn your head sharply to right  
8                      No head or arm movements