

Keep Holdin' On

拍数: 72 墙数: 2 级数: Intermediate/Advanced waltz
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音乐: Keep Holding On - Avril Lavigne



CROSS TWINKLE, CROSS POINT HOLD

1-2-3 Cross right over left, step left to left side, replace weight on right
4-5-6 Cross left over right, point right to right side, hold
1-6 Repeat first 6 counts

SAILOR ¼ TURN, STEP, HOOK, STEP

1-2-3 Step right behind left, step left to left side, ¼ turn right stepping forward on right
4-5-6 Step forward on left, full turn right while hooking right under left, step forward on right foot

BASIC WALTZ FORWARD, STEP BACK ¾ TURN SWEEP

1-2-3 Step forward on left, step right together, step left slightly back
4-5-6 Step back on right foot, ¾ turn left sweeping left foot back and around

Restart on wall 3

BEHIND SIDE CROSS, STEP DRAG

1-2-3 Step left behind right, step right to right side, cross left over right
4-5-6 Big step right to right side while dragging left towards right for two counts (weight on right)

SAILOR ¼ TOUCH, STEP, FULL TURN WALTZ

1-2-3 Step left behind right, step right to right side, ¼ turn left touching left toes forward
4-5-6 Step left foot forward, do a full turn left on left sweeping right toe slightly off the ground

On count 3 you can snap both fingers up at shoulder level

On counts 5-6, you can point to the right on 5 and hold on 6

CROSS TWINKLE ¼, CROSS, ½ UNWIND, ¼ TWIST

1-2-3 Cross right over left, step left to left side, making ¼ right step right forward
4-5-6 Step left forward, twist feet ¼ turn right, twist feet ¼ turn left

WALTZ FORWARD, STEP BACK, DRAG

1-2-3 Step forward on right, step left foot together, step right slightly back
4-5-6 Step back on left, drag right towards touch right beside left

STEP SIDE, HOLD 2-3, FULL TURN LEFT

1-2-3 Step right to right side, hold
4-5-6 ¼ turn left stepping forward on left, ½ turn left stepping back on right, ¼ turn left stepping left to left side (end facing on left diagonal forward) (3 count rolling vine)

1/8 TURN FORWARD COASTER STEP, STEP BACK, DRAG 5-6

1-2-3 1/8 turn left (left 45) forward on right, step left together, step back on right
4-5-6 Step back on left, drag right towards left

1/8 TURN SIDE ROCK/REPLACE, CROSS, BACK, SIDE, CROSS

1-2-3 1/8 turn right rocking right to right side, replace weight back on left, cross right over left
4-5-6 Step left foot back, step right to right side, cross left over right

STEP, HOLD 2-3, FULL TURN LEFT

1-2-3 Step right to right side, hold

4-5-6 $\frac{1}{4}$ turn left stepping forward on left, $\frac{1}{2}$ turn left stepping back on right, $\frac{1}{4}$ turn left stepping left to left side

REPEAT

RESTART

Dance counts 1-21 then add

5-6-8 Step back right, turn $\frac{1}{4}$ left & step left to left side while dragging right towards left (2 counts)

Restart facing front
