

# Keep Holdin' On

拍数: 72      墙数: 2      级数: Intermediate/Advanced waltz  
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音乐: Keep Holding On - Avril Lavigne



## CROSS TWINKLE, CROSS POINT HOLD

1-2-3      Cross right over left, step left to left side, replace weight on right  
4-5-6      Cross left over right, point right to right side, hold  
1-6      Repeat first 6 counts

## SAILOR ¼ TURN, STEP, HOOK, STEP

1-2-3      Step right behind left, step left to left side, ¼ turn right stepping forward on right  
4-5-6      Step forward on left, full turn right while hooking right under left, step forward on right foot

## BASIC WALTZ FORWARD, STEP BACK ¾ TURN SWEEP

1-2-3      Step forward on left, step right together, step left slightly back  
4-5-6      Step back on right foot, ¾ turn left sweeping left foot back and around

Restart on wall 3

## BEHIND SIDE CROSS, STEP DRAG

1-2-3      Step left behind right, step right to right side, cross left over right  
4-5-6      Big step right to right side while dragging left towards right for two counts (weight on right)

## SAILOR ¼ TOUCH, STEP, FULL TURN WALTZ

1-2-3      Step left behind right, step right to right side, ¼ turn left touching left toes forward  
4-5-6      Step left foot forward, do a full turn left on left sweeping right toe slightly off the ground

On count 3 you can snap both fingers up at shoulder level

On counts 5-6, you can point to the right on 5 and hold on 6

## CROSS TWINKLE ¼, CROSS, ½ UNWIND, ¼ TWIST

1-2-3      Cross right over left, step left to left side, making ¼ right step right forward  
4-5-6      Step left forward, twist feet ¼ turn right, twist feet ¼ turn left

## WALTZ FORWARD, STEP BACK, DRAG

1-2-3      Step forward on right, step left foot together, step right slightly back  
4-5-6      Step back on left, drag right towards touch right beside left

## STEP SIDE, HOLD 2-3, FULL TURN LEFT

1-2-3      Step right to right side, hold  
4-5-6      ¼ turn left stepping forward on left, ½ turn left stepping back on right, ¼ turn left stepping left to left side (end facing on left diagonal forward) (3 count rolling vine)

## 1/8 TURN FORWARD COASTER STEP, STEP BACK, DRAG 5-6

1-2-3      1/8 turn left (left 45) forward on right, step left together, step back on right  
4-5-6      Step back on left, drag right towards left

## 1/8 TURN SIDE ROCK/REPLACE, CROSS, BACK, SIDE, CROSS

1-2-3      1/8 turn right rocking right to right side, replace weight back on left, cross right over left  
4-5-6      Step left foot back, step right to right side, cross left over right

## STEP, HOLD 2-3, FULL TURN LEFT

1-2-3      Step right to right side, hold

4-5-6       $\frac{1}{4}$  turn left stepping forward on left,  $\frac{1}{2}$  turn left stepping back on right,  $\frac{1}{4}$  turn left stepping left to left side

**REPEAT**

**RESTART**

**Dance counts 1-21 then add**

5-6-8      Step back right, turn  $\frac{1}{4}$  left & step left to left side while dragging right towards left (2 counts)

**Restart facing front**

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