

Keen On Disco

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Chad Manson (UK)
音乐: Keen On Disco - Infernal



FORWARD ROCK, ½ RIGHT SHUFFLE, FORWARD ROCK, LEFT COASTER

1-2 Rock right forward, recover onto left
3&4 ½ turn shuffle over right stepping right, left, right
5-6 Rock left forward, recover onto right
7&8 Step left back, step right beside left, step forward left

FORWARD ROCK, ¾ RIGHT SHUFFLE, FORWARD ROCK, LEFT COASTER

1-2 Rock right forward, recover onto left
3&4 ¾ turn shuffle over right stepping right, left, right
5-6 Rock left forward, recover onto right
7&8 Step left back, step right beside left, step forward left

SIDE BEHIND, SIDE SHUFFLE ¼ RIGHT, STEP, ½ RIGHT KICK, BACK ROCK

1-2 Step right to right, cross left behind right
3&4 Step right to right, step left beside right, ¼ turn right step right forward
5-6 Step left forward, ½ turn right on ball of left while kicking right forward
7-8 Rock right back, recover onto left

FORWARD ROCK, RECOVER WITH HOOK, FORWARD SHUFFLE, REPEAT ON LEFT

1-2 Rock right forward, recover onto left while hooking right heel in front of left knee
3&4 Step right forward, step left beside right, step right forward
5-6 Rock left forward, recover onto right while hooking left heel in front of right knee
7&8 Step left forward, step right beside left, step left forward

Restart here on walls 3 & 6

RIGHT KICK BALL CROSS, SIDE, TOUCH, REPEAT ON LEFT

1&2 Kick right forward, step right slightly back, cross left over right
3-4 Step right to right, touch left beside right
5&6 Kick left forward, step left slightly back, cross right over left
7-8 Step left to left, touch right beside left

BACK ROCK, ¼ LEFT SIDE TOE STRUT, BACK ROCK, SIDE TOE STRUT

1-2 Rock right back, recover onto left
3-4 ¼ turn left touch right toe to right, drop right heel taking weight
5-6 Rock left back, recover onto right
7-8 Touch left toe to left, drop left heel taking weight

CROSS SIDE, RIGHT SAILOR, CROSS SIDE, LEFT SAILOR ¼ LEFT

1-2 Cross right over left, step left to left
3&4 Cross right behind left, step left to left, step right to place
5-6 Cross left over right, step right to right
7&8 Cross left behind right, ¼ turn left step right to right, step left forward

¾ LEFT PADDLE TURN, & POINT, JAZZ BOX WITH HITCH

1 ¼ turn left point right to right
2 ¼ turn left point right to right

3 ¼ turn left point right to right
&4 Replace right beside left, point left to left
5-6 Cross left over right, step right back
7-8 Step left to left, hitch right knee

REPEAT

RESTART

On wall 3 & 6, dance to count 32, then restart dance
