

拍数: 32 墙数: 4 级数: Improver
编舞者: Pete Cranwell (UK) & John Sharman (UK)
音乐: Stay Out Of My Arms - Speed Limit



SYNCOPATED WEAVE

1-2 Step on left over right, step on right to right side
3&4 Step on left behind right, step on right beside left, step on left over right

CHASSE RIGHT, COASTER STEP

5&6 Step on right to right side, step on left beside right, step on right to right side
7&8 Rock back on left, step on right beside left, step forward on left

SYNCOPATED WEAVE

9-10 Step on right over left, step on left to left side
11&12 Step on right behind left, step on left beside right, step on right over left

CHASSE LEFT, COASTER STEP

13&14 Step on left to left side, step on right beside left, step on left to left side
15&16 Rock back on right, step on left beside right, step forward on right

LEFT SHUFFLE FORWARD, RIGHT SHUFFLE HALF TURN

17&18 Left foot forward, step on right beside left, step left foot forward
19&20 Step forward on right making ¼ turn left, left beside right, right foot back

ROCK, RECOVER, LEFT, RIGHT

21-22 Rock back on left, rock forward on right
23-24 Step forward on left, step forward on right

FORWARD, DIP, BACK, TOUCH

25-26 Step forward on left, touch right toe behind left, (dip and touch rim of hat)
27-28 Step back on right, touch left beside right

JAZZ BOX WITH QTR TURN LEFT

29-30 Step on left over right, step back on right with a qtr turn left
31-32 Step on left to left side, step on right

REPEAT
