

Kathryn's Waltz

COPPERKNOB
BY STEPHENETS

拍数: 48 墙数: 1 级数: Intermediate/Advanced waltz
编舞者: Phil Johnson (UK)
音乐: The Flower That Shattered the Stone - John Denver



To my wife on her birthday

GRAPEVINE TO THE RIGHT; FULL SPIN RIGHT WITH LEFT FULL RONDÉ (BEGIN LEFT)

- 1-3 Step right foot to right side; step left foot behind right; step right foot to right side (leaving left toe pointing to 9:00)
- 4-6 On ball of right foot with left toe pointing to left side full spin right sweeping left toe around (rondé) finishing with left toe touching next to right foot

GRAPEVINE TO THE LEFT; ¾ SPIN LEFT WITH RIGHT ¾ RONDÉ (BEGIN RIGHT)

- 7-9 Step left foot to left side; step right foot behind left foot; step left foot to left side (leaving right toe pointing to 3:00)
- 10-12 On ball of left foot with right toe pointing to right side ¾ spin left sweeping right toe around (rondé) finishing with right toe touching next to left foot (now facing 3:00)

RIGHT LONG STEP FORWARD; SLIDE LEFT TO JOIN; ¼ TURN LEFT; WEAWE RIGHT

- 13-15 Step right foot long step forward; slide left foot towards; on ball of right foot ¼ turn left touching left toe against right toe

If floor is sufficiently accommodating, slide right foot along floor using left foot to propel body forward. This will only work if you can glide!

- 16-18 Cross step left foot in front of right; step right foot to right side; step left foot behind right (taking weight)

TOUCH RIGHT; FULL SPIN RIGHT WITH RIGHT FULL RONDÉ (BEGIN RIGHT); GRAPEVINE LEFT

- 19-21 Touch right toe to right side; on ball of left foot full spin right sweeping right toe around (rondé) finishing with right foot next to left (weight on the right foot)
- 22-24 Step left foot to left side; step right foot behind left; step left foot to left side

CROSS RIGHT OVER LEFT; ½ TURN RIGHT; CROSS LEFT OVER RIGHT ½ TURN LEFT

- 25-27 Cross step right foot over left; ¼ turn right and step back on left; ¼ turn right and step right to right side (facing 6:00)
- 28-30 Cross step left foot over right; ¼ turn left and step back on right; ¼ turn left and step left to left side (facing 12:00)

Steps 25-30 are moving to the left

STEP FORWARD RIGHT, PIVOT HALF TURN LEFT, POINT RIGHT TOE TO RIGHT; WEAWE LEFT

- 31-33 Step right foot forward; pivot half turn left (weight on left); rising slightly on ball of left foot and angling body slightly to left point right toe to right side
- 34-36 Cross step right foot in front of left; step left foot to left side; step right foot slightly behind left (taking weight) (facing 6:00)

STEP FORWARD LEFT; ½ SPIN LEFT WITH RIGHT FULL RONDÉ (BEGIN BACK) STEP FORWARD RIGHT; ½ SPIN RIGHT WITH LEFT FULL RONDÉ (BEGIN BACK)

- 37-39 Step forward on the left foot; on ball of left foot spin ½ turn left while sweeping right toe around (rondé) from position 36 finishing with right foot in front of left just above dance floor (weight on left foot)

Using the John Denver track the dance will end on step 39. In stead of ending with right foot above dance floor continue with right toe pointing to the floor as it sweeps around ending with right leg crossed over the left and right toe touching the floor to the left of the left foot, gently lowering the head to look down at the right foot crossed over the left

40-42 Step forward on the right foot; on ball of right foot spin $\frac{1}{2}$ turn right while sweeping left toe around (rondé) from position 39 finishing with left foot in front of right just above dance floor (weight on right foot)

STEP FORWARD LEFT; KICK RIGHT $\frac{1}{2}$ SPIN LEFT HITCH; ROCK RIGHT-LEFT TOUCH RIGHT

43-45 Step forward on the left foot; low kick forward with right foot; on ball of left foot $\frac{1}{2}$ half spin left hitching right knee

46-48 Rock on to the right foot to right side; rock onto the left foot to the left side; touch right toe next to left

REPEAT

The turns with rondé moves are simply a spin on one foot with the other leg trailing around, but with style. As an alternative cross unwind so that you remain on two feet but keep the weight on the correct foot. In terms of retaining the beauty of the waltz it is worth the effort to dance with rondé moves.
