

# Kate

拍数: 40      墙数: 4      级数: Intermediate nightclub  
编舞者: Theresa Needham (UK)  
音乐: You Needed Me - Anne Murray



## ROCK FORWARD RECOVER, SHUFFLE BACK, ROCK RECOVER TRIPLE FULL TURN FORWARD

1-2&      Rock forward onto right, recover onto left, step right next to left  
3&4      Shuffle back on a left right left  
5-6      Rock back on right, recover onto left  
7&8      Full turn forward on a right left right

## ROCK AND CROSS, SIDE BEHIND SIDE AND FRONT, ROCK RECOVER BEHIND SIDE CROSS

1&2&      Rock left to left side, recover onto right, cross left over right, step right to right side  
3&4      Step left behind right, step right to right side, cross left in front of right  
5-6      Rock right to right side, recover onto left  
7&8      Step right behind left, step left to left side, cross right in front of left

## STEP SWEEP STEP, BACK ¼ CROSS, STEP CROSS ROCK RECOVER, CHASSE LEFT

1-2&      Step forward on left, sweep right in front of left, step onto right  
3&4      ¼ turn right stepping back on left, step right to right side, cross left over right  
5-6&      Step right to right side, rock left across right, recover onto right  
7&8      Left chasse on a left right left

## SAILOR ¼ RIGHT, STEP LOCK STEP, STEP PIVOT ½ LEFT, ROCK ¼ RIGHT STEP

1&2      Sailor ¼ right  
3&4      Left step lock step  
5&6      Step forward on right, pivot ½ turn left, step forward on right  
7&8      Rock left to left side, recover onto right making ¼ turn right, step forward on left

## FORWARD MAMBO, SHUFFLE ½ LEFT, STEP PIVOT ½ LEFT, TRIPLE FULL TURN FORWARD

1&2      Forward mambo  
3&4      Shuffle ½ turn left on a left right left  
5&6      Step forward on right, pivot ½ turn left, step forward on right  
7&8      Full turn right on left right left

## REPEAT

## TAG

On wall 3 after 32 counts

1-4      Step back on right, ¼ turn left stepping left to left side, sway right, sway left (6:00)

Restart from beginning