

# Kansas City Strut

拍数: 48                      墙数: 4                      级数:  
编舞者: Brittney Bowling  
音乐: Kansas City - Wilbert Harrison



## TOE HEEL STRUTS FORWARD

1-2                      Touch right toe forward, step down on right heel  
3-4                      Touch left toe forward, step down on left heel  
5-8                      Repeat 1-4

## JAZZ BOX ¼ TURN RIGHT

1-2                      Step right foot across left, step back left  
3-4                      Step right foot next to left, step left foot next to right  
5-6                      Step right foot across left, step back left  
7-8                      Step right foot into ¼ turn right, step left foot next to right

## CROSS OVER VINE ½ TURN (MOVING LEFT)

1-2                      Step right foot across left, step left foot to left side  
3-4                      Step right behind left, step left foot into ¼ turn left  
5-6                      Step forward right, pivot ¼ turn left shifting weight to left foot  
7-8                      Step forward right, pivot ¼ turn left shifting weight to left foot

## WALKING STEPS FORWARD

1-2                      Step forward right, hold  
3-4                      Step forward left, hold  
5-6                      Step forward right, step forward left  
7-8                      Step forward right, step forward left

## KICK, KICK, SAILOR SHUFFLE

1-2                      Kick right foot forward, kick right foot to right side  
3                          Step right behind left  
&                          Step on ball of left beside  
4                          Step right foot beside left (slightly out to side)  
5-8                      Repeat 1-4 starting with left foot

## ROCK FORWARD AND BACK ¼ TURN LEFT

1                          Step forward right, rock back on left foot  
3                          Rock back right, step forward on left foot  
5                          Step forward right foot  
6                          Pivot ¼ turn left on ball of right and step left beside right  
7                          Step forward right  
8                          Pivot ¼ turn left on ball of right and step left beside right

## REPEAT

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