

Kalimba

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Pam Scott (USA)
音乐: Kalimba de Luna - Boney M.



RIGHT SHUFFLE, OUT-OUT, IN-IN, LEFT SHUFFLE, OUT-OUT, IN-IN

1&2 Right shuffle forward
&3&4 Step left with left, step right with right, step center with left, step center with right
5&6 Left shuffle forward
&7&8 Step right with right, step left with left, step center with right, step center with left

RIGHT STEP FORWARD, PIVOT, RIGHT SHUFFLE, ½ TURN, LEFT SHUFFLE BACKWARDS, HEEL JACK

1-2 Step forward on the right, pivot ½ turn to the left (weight on left)
3&4 Right shuffle forward
&5&6 With weight on right foot turn ½ to the right (&), left shuffle backwards
&7&8 Hop back on the right on the diagonal, touch left heel forward on the diagonal, step left foot back to center, touch right toe next to left foot

ROCK RIGHT, RECOVER, CROSS-SIDE-CROSS, ROCK LEFT, RECOVER, CROSS-SIDE-CROSS

1-2 Rock to the right with the right, recover weight onto the left
3&4 Cross right over left, step left with the left, cross right over left
5-6 Rock to the left with the left, recover weight onto the right
7&8 Cross left over right, step right with the right, cross left over right

¼ TURN LEFT, ½ TURN LEFT, RIGHT LOCK STEP FORWARD

1 Step to the right with the right while making a ¼ turn to the left
2 Make a ½ turn to the left stepping forward on the left
3&4 Step right forward, slide left foot forward to outside of right, step right forward

½ PIVOT RIGHT, ½ TURN RIGHT W/RIGHT STEP TOGETHER, LEFT STEP FORWARD

5-6 Step forward on the left, pivot ½ turn to the right (weight on the right)
7&8 Step forward on the left, turn ½ right and step right next to left, step left forward

Alternate steps for counts 7&8 - step forward on the left, pivot ½ to the right, step left forward

REPEAT

Kalimba de Luna and Sunny by Boney M can be found on the "Best of 10 Years", "Daddy Cool", and "Hit Collection" (which also contains Bahama Mama) CDs. Contact Pam at leilani@wolfenet.com or (509) 453-0285