

编舞者: Charles Alexander (SWE) - March 2025 音乐: Yihaa - Dolly Style: (Album: Yihaa)



Intro: 8 counts, approx. 4 sec - 125 bpm

Sequence: A, B, C, Tag (x2), A, B, C, A, Tag, B, C, Ending

PART A (Always repeated 3 times in a row) Starts at 12:00

[1 – 8] R STEP, L POINT, L STEP, R POINT, R CROSS, L SIDE, R BEHIND, L SIDE

Step R forward. Point L to side. Step L forward. Point R to side.
Cross R over L. Step L to side. Step R behind L. Step L to side.

[9 - 16] R CROSS ROCK, RECOVER, R SIDE, L STEP, STEP, 1/4 TURN LEFT x2

1-4 Rock R over L. Recover onto L. Step R to side. Step L forward.

5-8 Step R forward. ¼ turn left taking weight on L. Step R forward. ¼ turn left taking weight on L.

[6:00]

Opt. styling: Roll hips CCW (5-8).

PART B (Always repeated 2 times in a row) Starts at 6:00

[1 – 8] R ROCK FWD, RECOVER, R PONY BACK, L ROCK BACK, RECOVER, L SHUFFLE FWD

1-2 Rock R forward. Recover onto L.

3&4 Step R back hitching L. Step L beside R. Step R back hitching L.

Opt. styling: Push both hands forward and up (3&4).

5-6 Rock L back. Recover onto R.

7&8 Step L forward. Step R beside L. Step L forward.

[9 - 16] R SIDE ROCK, RECOVER, R BEHIND, 1/4 TURN LEFT, R STEP, HEEL & TOE & STOMP, SCUFF

1-2 Rock R to side. Recover onto L.

3&4 Step R behind L. ¼ turn left stepping L forward. Step R forward. [3:00]

5&6&7-8 Dig L heel forward. Step L beside R. Tap R toe back. Step R beside L. Stomp L forward.

Scuff R forward.

PART C (Always repeated 2 times in a row) Starts at 12:00

[1 - 8] DIAGONAL SHUFFLE FORWARD R-L, GALLOP 1/2 TURN RIGHT

1&2 Step R diagonally forward. Step L beside R. Step R diagonally forward.

Opt. styling: Lift R hand to shoulder height, straight arm and palm facing up (1&2).

3&4 Step L diagonally forward. Step R beside L. Step L diagonally forward.

Opt. styling: Lift L hand to shoulder height, straight arm and palm facing up (3&4).

5&6&7&8 While making ½ turn right: Step R forward. Step L beside R. Step R forward. Step L beside

R. Step R forward. Step L beside R. Step R forward. [6:00]

Opt. styling: Hold the reins of your horse with left hand and swing a lasso over your head with your right hand (5-8).

[9 - 16] L CROSS ROCK, RECOVER, L CHASSÉ, R JAZZBOX, L STEP

1-2 Rock L over R. Recover onto R.

3&4 Step L to side. Step R beside L. Step L to side.

5-8 Cross R over L. Step L back. Step R to side. Step L forward.

Tag: Repeated twice the first time and once the second time.

[1-4] R ROCKING CHAIR

1-4 Rock R forward. Recover onto L. Rock R back. Recover onto L.

Ending: Rock R forward, recover onto L, stomp R back, stomp L forward and throw your hands up in the air.

YIHAA!