

# Tip it Back

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Nathan Lee (USA) - April 2025  
音乐: Bell Bottoms Up - Lainey Wilson



Intro: 32 counts - no tags- 2 restarts (Walls 4 and 10 after 16 counts)

NOTE: This is a very easy dance. It probably would have been Absolute Beginner if not for the restarts.

## [1-8] LINDY R, LINDY L

1&2      Step R out (1), Step L next to R (&), Step R out (2)  
3,4      Cross L behind R and rock backward (3) Rock onto R (4)  
5&6      Step L out (5), Step R next to L (&), Step L out (6)  
7,8      Cross R behind L and rock backward (7) Rock onto L (8)

## [9-16] K-STEP

1,2      Step R forward diagonally (1), Touch L next to R (2)  
3,4      Step L backward diagonally (3), Touch R next to L (4)  
5,6      Step R backward diagonally (5), Touch L next to R (6)  
7,8      Step L forward diagonally (7), Touch R next to L (8)

**\*\*On walls 4 and 10, restart here with Lindy's\*\***

## [17-24] ROCKING CHAIR, ¼ TURN JAZZ BOX

1,2      Rock R forward (1), Recover weight on L (2)  
3,4      Rock R backward (3), Recover weight on L (4)  
5,6,7,8      Cross R over L (5), Step L backward and turn ¼ over R shoulder (6), Step R out (7), Step L next to R (8)

## [25-32] ROCKING CHAIR, ¼ TURN JAZZ BOX

1,2      Rock R forward (1), Recover weight on L (2)  
3,4      Rock R backward (3), Recover weight on L (4)  
5,6,7,8      Cross R over L (5), Step L backward and turn ¼ over R shoulder (6), Step R out (7), Step L next to R (8)

Last Update: 6 Apr 2025