

# Miles For You

**COPPERKNOB**  
BY STEPHEN

拍数: 64      墙数: 2      级数: Beginner / Improver  
编舞者: Melissa Lau (NZ) - April 2025  
音乐: I'm Gonna Be (500 Miles) - The Proclaimers



Intro: 16 counts

## V-STEP, SIDE, TOUCH, SIDE, TOUCH

1, 2, 3, 4      Step R diag. fwd, step L diag. fwd, step R back to centre, step L next to R  
5, 6, 7, 8      Step R to side, tap L beside R, step L to side, tap R beside L (12:00)

## ¼ RIGHT TURN HEEL GRIND, ROCK BACK (x 2)

1, 2      Place R heel fwd, fan R toe out turning ¼ right and shifting weight to L (3:00)  
3, 4      Rock back on R, recover weight on L  
5, 6, 7, 8      (repeat 1-4) (6:00)

## WALK FWD R-L-R, KICK, BACK, TOUCH, FWD, KICK

1, 2, 3, 4      Walk fwd on R, walk fwd on L, walk fwd on R, kick L fwd  
5, 6, 7, 8      Step L back, tap R beside L, step R fwd, kick L fwd

## WALK BACK L-R-L, TOUCH, FWD, KICK, BACK, TOUCH

1, 2, 3, 4      Walk back on L, walk back on R, walk back on L, tap R beside L  
5, 6, 7, 8      Step R fwd, kick L fwd, step L back, tap R beside L (\* RESTART)

## VINE RIGHT, SCUFF, VINE ¼ LEFT, SCUFF

1, 2, 3, 4      Step R to side, step L behind R, step R to side, scuff L  
5, 6, 7, 8      Step L to side, step R behind L, turn ¼ left stepping L fwd, scuff R (3:00)

## VINE RIGHT, SCUFF, VINE ¼ LEFT, SCUFF

1, 2, 3, 4      Step R to side, step L behind R, step R to side, scuff L  
5, 6, 7, 8      Step L to side, step R behind L, turn ¼ left stepping L fwd, scuff R (12:00)

## FWD, LOCK, FWD, SCUFF (x 2)

1, 2, 3, 4      Step R fwd, lock L behind R, step R fwd, scuff L fwd  
5, 6, 7, 8      Step L fwd, lock R behind L, step L fwd, scuff R fwd

## JAZZ BOX ¼ RIGHT (x 2)

1, 2, 3, 4      Cross R over L, turn ¼ right stepping L back, turn ¼ right stepping R to side, step L slightly fwd (3:00)  
5, 6, 7, 8      (repeat 1-4) (6:00)

\* RESTART: after 32 counts on wall 4, add 8-count TAG (facing 12:00)

## VINE RIGHT, TOUCH, VINE LEFT, TOUCH

\* TAG: 14-count Tag at the end of wall 5 (facing 6:00)

## V-STEP, Step R to SIDE, HOLD, VINE RIGHT, TOUCH, VINE LEFT, TOUCH

\* ENDING: JAZZ BOX ½ RIGHT TURN to face the front

Choreographed for Relay For Life, Taranaki, NZ.

Song suggestion by an awesome lady, Denise Loveridge – thank you!