Sing Out



拍数: 64

级数: Intermediate

编舞者: Séverine Fillion (FR), Gianmarco Rossato (IT) & Chrystel Arréou (FR) - March 2025

音乐: Just Dance - Johnny Brady

Sequence : AA - Tag 1 - B - AA - Tag 1 - B - A - Tag 2 - BBBB (16) - Final

墙数: 2

Intro : 32 counts

Part A: 32 counts (2 walls)

[1-8] STEP R, STEP L, TRIPLE STEP FWD, STEP 1/2 TURN R, TRIPLE STEP FWD

- 1-2 Step fwd on R, Step fwd on L
- 3&4 Step fwd on R, Step L next to R, Step fwd on R
- 5-6 Step fwd on L, ¹/₂ turn R (weight on R) 6h
- 7&8 Step fwd on L, Step R next to L, Step fwd on L

[9-16] CROSS, SIDE, BEHIND SIDE HEEL & CROSS, SIDE, BEHIND SIDE CROSS

- 1-2 Cross R over L, Step L to L side
- 3&4 Cross R behind L, Step L to L side, Heel R diagonally R
- &5-6 Step R next to L, Cross L over R, Step R to R side
- 7&8 Cross L behind R, Step R to R side, Cross L over R

[17-24] CROSS, 1/4 TURN R, SIDE TRIPLE R, CROSS, 1/4 TURN L, TRIPLE STEP FWD

- 1-2 Cross R over L, ¼ turn R stepping back on L 9h
- 3&4 Step R to R side, Step L next to R, Step R to r side
- 5-6 Cross L over R, ¼ turn L stepping back on R 6h
- 7&8 Step fwd on L, Step R next to L, Step fwd on L

[25-32] ROCK STEP FWD, & OUT OUT, BACK, BACK ROCK, BALL STEP, STEP FWD

- 1-2 Step fwd on R, Recover on L
- &3-4 Step R to R side, Step L to L side, Step back on R
- 5-6 Step back on L, Recover on R
- &7-8 Step L next to R, Step fwd on R, Step fwd on L

Tags 1 & 2

L

Part B: 32 counts (1 wall)

[1-8] TRIPLE STEP DIAGONALLY (R & L), KICK R x2 DIAGONALLY L, & KICK L x2 DIAGONALLY R

- 1&2 Step R fwd diagonally R, Step L next to R, Step R fwd diagonally R
- 3&4 Step L fwd diagonally L, Step R next to L, Step L fwd diagonally L
- 5-6 Kick R cross over L, Kick R cross over L
- &7-8 Step R next to L, Kick L cross over R, Kick L cross over R

[9-16] TOGETHER, VAUDEVILLE R, VAUDEVILLE L, STEP 1/2 TURN L, TRIPLE FULL TURN L

- &1&2 Step L next to R, Cross R over L, Step L to L side, R Heel fwd
- &3&4 Step R next to L, Cross L over R, Step R to R side, L Heel fwd
- &5-6 Step L next to R, Step fwd on R, ¹/₂ turn L (weight on L) 6h
- 7&8 1/2 turn L stepping back on R, Step L next to R, 1/2 turn L stepping fwd on R

[17-24] STOMP, TOUCH & HEEL & POINT TO R, SAILOR STEP, SYNCOPATED WEAVE WITH 1/4 TURN

1-2& Stomp L diagonally fwd L, Touch R point behind L, recover on R

- 3&4 L Heel diagonally fwd L, Recover on L, Point R to R side
- 5&6 Cross R behind L, Step L to L side, Step R to R side
- 7&8& Cross L behind R, Step R to R side, ¼ turn L crossing L over R, Step R to R side 3h

[25-32] SYNCOPATED WEAVE WITH 1/4 TURN L, JUMP TO R, KNEE POP, JUMP TO L, KNEE POP, STOMP R, STOMP L, CLAP x 2

- 1&2 Cross L behind R, ¼ turn L stepping R on R, Cross L over R 12h
- &3 Jump R to R side, Step L next to R
- &4 Lift the both heels by bending knees fwd, drop the both heels to the ground
- &5 Jump L to L side, Step R next to L
- &6 Lift the both heels by bending knees fwd, drop the both heels to the ground
- &7 Stomp R fwd, Stomp L fwd
- &8 Hold + Clap x 2

Tag 1 : After the 1st & the 2nd series of parts A, add 4 counts :

[1-4] CROSS R OVER L, UNWIND TO L

- 1 Cross R over L
- 2-4 Unwind full turn to L

Tag 2 : After the part A alone, add 6 counts to return facing 12h : [1-6] CROSS R OVER L, UNWIND TO L, PIVOT 1/2 TURN L WITH HITCH R, R HAND UP

- 1 Cross R over L
- 2-4 Unwind full turn to L
- 5-6 1/2 turn L with R Hitch, R Hand up + « Yeah ! »

Final : After 16 counts of part B (facing 6h), add 2 counts :

- [1-2] PIVOT 1/2 TURN L, HAND R UP
- 1-2 ¹/₂ turn L, R Hand up

Enjoy !!