

# Same Ole Shift

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Runa (DK) - April 2025  
音乐: Same Ole Shift - Quinton Blair



Intro: 32 count

**\*\*2 x RESTART: Wall 5 after 16 count (facing 3:00)  
Wall 11 after 12 count (facing 9:00)**

## **S1. (Side, touch and clap) x 2 (R+L), vine, cross**

1-2            Step R to R side, touch L beside R and clap  
3-4            Step L to L side, touch R beside L and clap  
5-6-7-8       Step R to R side, cross L behind R, step R to R side, cross L over R

## **S2. ¼ monterey turn, (heel, together) x 2 (R+L)**

1-2            Point R to R side, make a ¼ turn R stepping R beside L (3:00)  
3-4            Point L to L side, step L beside R  
5-6            Dig R heel diag fwd, step R beside L  
7-8            Dig L heel diag fwd, step L beside R

## **S3. (Toe-fan, toe-fan) x 2 (R+L)**

1-2-3-4       Swivel R toes out-in-out-in  
5-6-7-8       Swivel L toes out-in-out-in

## **S4. Rocking-chair, (toe-strut) x 2 (R+L)**

1-2            Rock fwd on R, recover on L  
3-4            Rock back on R, recover on L  
5-6            Touch R toes fwd, drop R heel down  
7-8            Touch L toes fwd, drop L heel down

---