

Powerful Women

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Annette Voris (USA) - April 2025
音乐: Powerful Women - Pitbull & Dolly Parton



16 count intro - start 4 beats after Dolly says "Hey"

Face 12:00,

Walk, Walk, Walk, pick up or touch L ft & clap, shuffle L, shuffle R

1-4 Walk forward R, L, R, pick up L knee or touch L ft. & clap
5 & 6 step L ft to L side, step together with R, step L to L side again
7 & 8 step R ft to R side, step together with L, step R to R side again

Walk, Walk, Walk, pick up or touch R ft & clap, shuffle R, shuffle L

1-4 Walk back L, R, L, pick up R knee or touch R ft & clap
5 & 6 step R to R side, step together with L, step R to R side again
7 & 8 set L to L side, step together with R, step L to L side again

Vine R with ¼ turn R (3:00), pick up L knee or L ft touch & clap, pivot, step together

1-4 step side R, back on L & start to turn, side on R & face R, pick up L knee or touch L ft & clap
 L pivot (9:00), step on L, together with R & face original start position (12:00)
5,6 step L ft front then pivot to face opposite direction with weight on R ft
7,8 step front on L ft & start ¼ turn R, together with R and end up facing direction you originally
 started in

Vine L with 1/4 turn L (9:00), pick up R knee or R ft touch & clap, pivot, step together

1-4 step side L, back on R & start to turn, side on L & face L, pick up R knee or touch R ft & clap
 R pivot (3:00), step on R, together with L but stay facing new direction (3:00)
5,6 step R ft front then pivot to face opposite direction with weight on L ft
7,8 step forward on R ft, step together with L

Last Update: 2 Apr 2025